

ARTICLE ON PAGE 40



ANAND DESAI
LAW FIRM

**INVOLVED IN
A CAR ACCIDENT?**

**CALL THE
CAR CRASH GURU!**

**1-833-270-7800
www.CallDesai.com**

**NO ATTORNEY'S FEES!
UNLESS WE COLLECT FOR YOU!**

WE SPEAK HINDI & GUJARATI



lawdesai

**1628 VICTORY BLVD., SUITE 100
GLENDALE, CA 91201**



Malkit's Sweets & Catering

Based in Los Angeles, CA

**We Offer Full Catering All Across USA.
Over 30 years of Experience.**

- Onsite Catering
- Live Station
- Tandoor on Site
- Vegi and Nonveg Items
- Custom Menu Available



**We Offer The Best Quality Mithai
and Namkeens**

- Specialized in Mithai
- Wedding Orders (Bhaji)
- Bulk Orders for All Occasions



Make Your Special Event A Memorable One. Call Malkit Today.

Tel: 818-425-3338 Tel: 818-424-8039  MalkitSweets

**Now Taking Bookings
for 2024**



Community Supports Teresa Cox for Re-Election

► Details on page 22

India needs 3 lakh skilled professionals

► Details on page 14

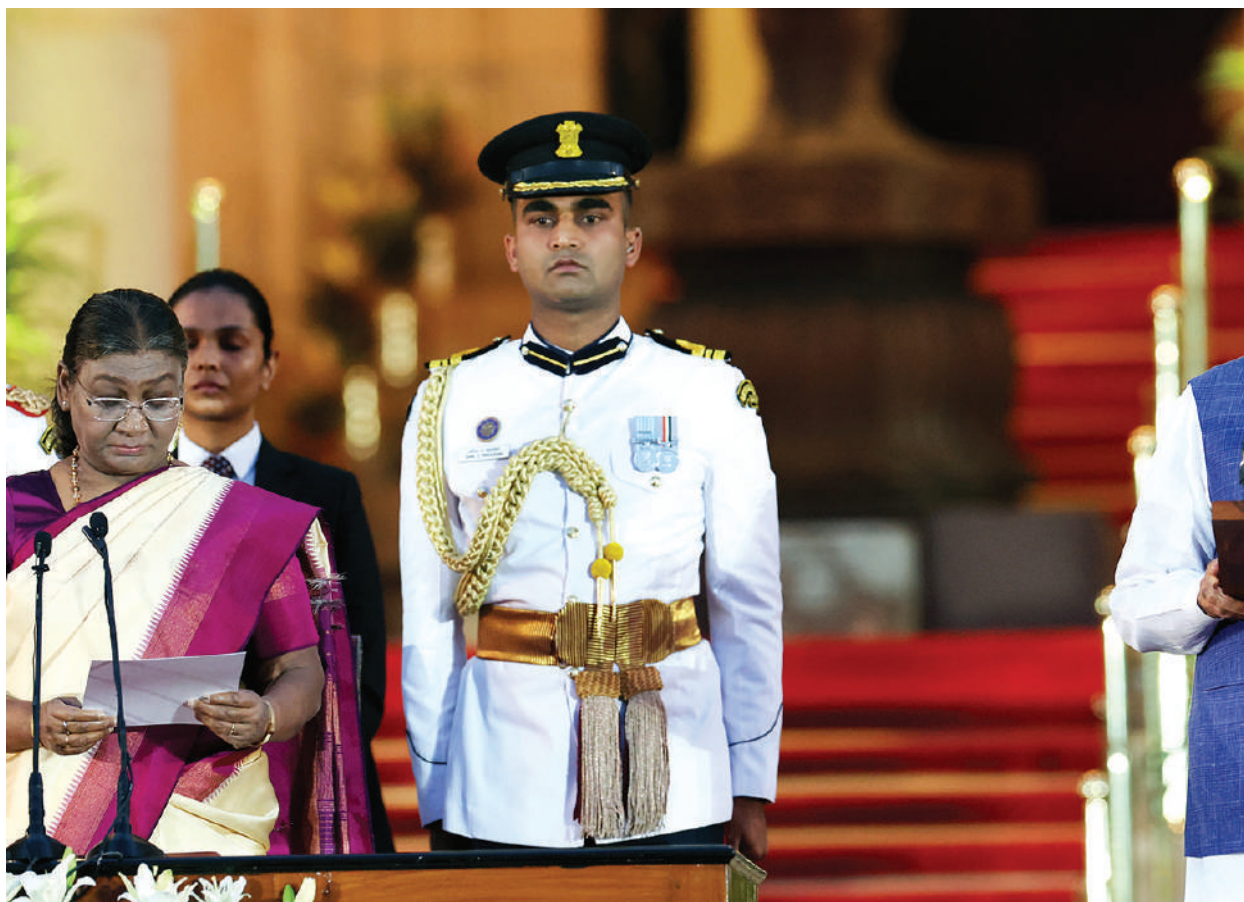


Deepika drops intriguing look in 'Kalki 2898 AD'

► Details on page 36

NRI MINISTER

Richest MP Pemmasani Chandra Sekhar becomes Union Minister



BJP leader Narendra Modi takes oath for the third consecutive term as Prime Minister of India administered by President Droupadi Murmu at the Rashtrapati Bhavan in New Delhi. (ANI Photo)

AMARAVATI/NEW DELHI: Telugu Desam Party's Pemmasani Chandra Sekhar, the NRI doctor who took oath as Union Minister of State in the third PM Narendra Modi government on Sunday, is a first-time MP and the richest with declared family assets of more than Rs 5,705 crore.

The 48-year-old was elected from Andhra Pradesh's Guntur constituency, defeating his nearest rival K. Venkata Rosaiah of the YSR Congress by a huge margin of 3.44 lakh votes.



Pemmasani Chandra Sekhar

Guntur district, he studied at Narasaraopet Municipal School till Class 10 and did his intermediate in Guntur. Though he studied in a government school in Telugu medium school, with dedication and excellent performance, he secured 27th rank among 60,000 students who appeared for the EAMCET exam in 1993-94.

After attaining the MBBS degree from Osmania Medical College, he went to the United States for further studies. He completed his post-graduation studies and internal medicine at Geisinger Medical

Born in a humble family in Burripalem village of Centre in Pennsylvania.

Details on page 10



UN chief Guterres congratulates PM Modi

► Details on page 12

CONTENTS

| | |
|---------------------------|-------|
| Bollywood | 36-39 |
| Classifieds | 34 |
| Community Post | 22-31 |
| Cover/Top Stories | 10-12 |
| Edit Page | 35 |
| Horoscope | 32 |
| Immigration Post | 20 |
| Info/Highlights | 4 |
| Life Style | 19 |
| OP-ED | 33 |
| TechBiz Post | 14-15 |
| Real Estate | 18 |
| Travel & Hospitality Post | 31 |
| Wellness Post | 16-17 |

INDIA POST SURVEY
survey@indiapost.com

This week's question

Will Modi be part of peace process in Gaza?

Last week's result

Can BJP trust Nitish and Naidu to form government?

YES 26% NO 74%

REGAL JEWELS

◆ Biggest selection of 22K Gold Jewelry & Diamond Jewelry
◆ We also carry Silver items, Beads & Astrological Stones

AUTHORISED DEALER FOR **MOVADO WATCHES**

2625 W Devon Ave, Chicago, IL 60659
Tel: **773-262-4377** www.regaljewels.com

NEW HINDI MONTHLY
by **HINDI CLUB OF ILLINOIS.**
AVAILABLE AT
WWW.HINDICLUB.ORG

www.hindiclub.org



INDIA POST
The Weekly Newspaper
Serving Indians Worldwide

www.indiapost.com

Romesh & Sunita Japra *Publishers*
Rajesh Verma *Co-Publisher*
Vikram Paul *President*
Krishan Sharma *Mg Director & Joint Editor*
Naresh Sodhi *General Manager*
Amit Saini *IT Director*
Harpreet Singh *Sub Editor*
Ghanshyam Bisht *Supervisor Graphics*

SAN FRANCISCO & SILICON VALLEY
Vidya Sethuraman *Bureau Chief*
Vijay Thapar *CPRO & Advertising*
Kiran Pandey *Director, WellnessPost*
Vinita Thapar *Marketing*
Ritu Maheshwari *Director Promotions*
Sudesh Kumari *Correspondent*

SOUTHERN CALIFORNIA
Riyaz Khan *Marketing Consultant*
Mrs Shashi Trivedi *Bureau Chief*

CHICAGO
Ramesh Soparawala *Resident Editor*
A Q Siddiqui *Correspondent*

ST. LOUIS
Ashwin Patel *Correspondent*

NEW YORK & NEW JERSEY
Pinky Kaur *Bureau Chief*
Srirekha N. Chakravarty *Correspondent*
Sukhvinder Saini *Circulation*

BOSTON
Gope Gidwani *Bureau Chief*

CANADA
Paras Nehra *Correspondent*

NEW DELHI
Lakshay Sharma *Web Developer*

MUMBAI
Nidhi Soparawala *Correspondent*
Frank Fernandes *Correspondent*

VADODARA, GUJARAT
Vaidehi Patel *Correspondent*
Priyanka Shah *Correspondent*

PUNJAB
Raman Nehra *Bureau Chief*
Jaswant Singh Gandam *Correspondent*

India Post Copyright©1994 RJ Media Inc, ISSN 1084-3868, is published weekly for \$30 for 52 issues yearly by India Post, 1860 Mowry Ave Ste 200, Fremont, CA 94538-1730. Application to mail at Periodicals postage prices is pending at Fremont, California and additional mailing offices.

POSTMASTER: Send address changes to India Post, 1860 Mowry Ave Ste 200, Fremont, CA 94538-1730.

DISCLAIMER
India Post assumes all advertisers to be reliable and responsible for all liability for their claimers



Mission Statement

To empower the Indian Diaspora and make their voice strong and effective in countries of their adoption. RJ Media conglomerate offers a credible, professional and complete package of news, opinion, entertainment, networking and information.

HIGHLIGHTS

Bollywood:

Bhumi Pednekar's 'Daldal' character



Actress Bhumi described her character as a super achiever and a glass-ceiling breaker who rewrites the rules in a male-dominated world

36



Lifestyle:

BBC show 'Grand Indian Hotel'

The 'Grand Indian Hotel', a three-part series, provides an unprecedented look inside the luxurious hotel groups, revealing the behind-the-scenes of providing world-class hospitality

19

Cover Story:

NRI MINISTER



TDP's Pemmasani Chandra Sekhar, was elected from Andhra Pradesh's Guntur constituency, defeating his nearest rival K. Venkata Rosaiah of the YSR Congress

10



Techbiz:

India's employment outlook

According to the global workforce solutions company ManpowerGroup, the strongest hiring intentions continue in North India at over 36 percent

14

Community:

Teresa Cox for Re-Election



Dr. Romesh Japra and wife Sunita Japra held a grand Meet-n-Greet for Teresa Cox for Re-Election to Fremont City Council - Irvington District 6

22



Travel

Mudumalai National Park

Mudumalai National Park connects the Western Ghats and Eastern Ghats and is home to many vulnerable and endangered animal and bird species

31

Immigration:

Unlawful border crossings



The long-awaited measure would kick in once the 7-day average for illegal crossings along the US-Mexico border hits 2,500 per day

20



Wellness:

PM Modi and 'Tulsi Bhai'

After WHO chief Tudors Adhanom Ghebreyesus congratulated PM Narendra Modi on his re-election, the Prime Minister addressed him as "Tulsi Bhai"

16

INFO-CENTER

CORPORATE HEADQUARTERS

3155 Kearney Street, Ste. 210, Fremont, CA 94538
Tel: 510-396-9140 • Fax: 510-790-2806 • e-mail: info@indiapost.com

E-SUBSCRIPTION& EDITORIAL: Vidya Sethuraman: Tel: 510-491-4867 • e-mail: vidya@indiapost.com
ADVERTISEMENT: Naresh Sodhi: Tel: 510-938-8667 • e-mail: naresh@indiapost.com or nareshsodhi@gmail.com
Graphics Inquiry: E-mail: ghanshyam@indiapost.com

INDIA CORPORATE OFFICE

86-B, First Floor, Shahpurjat, New Delhi - 110049 • Tel: 011-26497769 • E-mail:delhi@indiapost.com

For advertisement rates call the office nearest to you:

SAN FRANCISCO & SILICON VALLEY

3155 Kearney Street, Ste. 210, Fremont, CA 94538
Naresh Sodhi: 510-938-8667
• e-mail: nareshsodhi@gmail.com
Vidya Sethuraman: 510-491-4867
• e-mail: vidya@indiapost.com

SOUTHERN CALIFORNIA

Riyaz Khan: 562- 881-5342
e-mail: riyaz@indiapost.com

LOS ANGELES

16224 Alpine Pl. La Mirada, CA 90638
Tel: 562-441-5511, shashi19@yahoo.com

CHICAGO

2543 W Devon Ave Chicago IL 60659
Tel: 773-973-7394 • e-mail: sramesh@aol.com

NEW YORK/NEW JERSEY

Tel: 510-938-8667 • e-mail: nareshsodhi@gmail.com

For editorial, contact: editor@indiapost.com

The best Indo -Chinese Restaurant in Los Angeles.



WE DO ONSITE CATERING AND CHAT STATION

15% Discount on Any Catering Order

Limited Time Offer



**CATERING AT
SHERATON CERRITOS.**



**Sumptuous Buffet With
More Than 25 DISHES**

INDULGE IN ENCHANTING MELODIES OF BOLLYWOOD

**WEEKEND SPECIAL
LUNCH BUFFET**

**ENJOY DELICIOUS FOOD
WITH RELAXING MUSIC FROM
PROFESSIONAL SINGERS**

ENTRY: \$20

Father's Day's Special: Sunday June 16th

Enjoy Bollywood Hits by BAHAR KHAN

• Delicious Food • Excellent Service • Ample Parking •

18349 Pioneer Blvd #5532, Artesia, CA 90701, United States

TIMINGS - 11:00 AM - 03:00 PM & 05:00 PM - 09:30 PM

www.nankingca.com Call Now: +1 562-924-4567



Unite for Humanity

Fostering Democratic Values

In Collaboration with
HOPE
B Lit
[Placing A Light On The Heart Of Each Child]

Celebrating **350th** anniversary of **Chhatrapati Shivaji Maharaj Coronation**

at **Don Knabe Park** 19700 S
Bloomfield Ave, Cerritos, CA

3-day*

FREE Event Sunday 6/23/24 (7am-9pm)
VIP Event Saturday 6/22/24 (Invitation-only)

GRAND Celebration

Unity Parade Grand Marshall and Motivational Speaker at the Event

Miss World America **SHREE SAINI**



Sunday June 23rd

1. FREE giveaways
2. Garba by 350 Performers
3. Honoring Heroes
4. FREE Personal Safety Training
5. Unity Parade with 350 sq. ft. flag
6. FREE Public Yoga – Int'l Yoga Day
7. Bhakti & Shakti Dindi by 350 Artists
8. FREE Musical by Rhythm & Melodies
9. Health/Wellness Resource Fair
10. Kavi Sammelan - Unity, Patriotism
11. Dance Drama by Dr Sinduri's Academy
12. FREE T10 Cricket Coaching and Matches

**Unite.
Lead.
Serve.**

* **First 2 days (6/21 & 6/22): VIP only**

- 7 am-11 am** FREE Public Yoga Int'l Yoga Day
10 am-2 pm FREE Health Fair
11 am-12 pm Personal Safety Training for ALL
2 pm-4 pm Kavi Sammelan-Unity, Patriotism
2 pm-4 pm T10 Cricket Coaching
3 pm-4 pm Musical by Rhythm & Melodies
3 pm-8 pm Booths (Food, Sales, Expo)
5 pm-6 pm Unity Parade
5 pm-9 pm Cultural Program: Unity, Leadership, Veterans, Drama, Songs, 3500 Gifts
6 pm-8 pm T10 Cricket Semi-Final & Final Match



"If I have a Heartbeat, I have a Purpose"



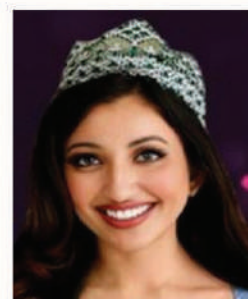
Simran Ahuja
Miss India, Actor



Sambhajiraje Chhatrapati
13th descendant of
Ch. Shivaji Maharaj



Vijay Rupani
Fmr Chief Minister
Gujarat



Shree Saini
Miss World America



Charudatta Aphale
Renowned Kirtankar



Hanmantrao Gaikwad
Founder – BVG



Rasha Goel
3x Emmy Nom. Host



Ganesh Ramakrishnan
Professor, IIT



Dr Sunny Anand
Stanford University



Dr. Ashish Pandey
Professor IIT



Sattie Persaud
Forbes Council

Platinum: Jaywant Nitturkar, Avadhesh Agarwal

Gold: Gajendra & Smita Savant. Ashok Madan

Silver: Vilas Jadhav, Priti & Vijay Patil, Manu Shah (MSI), Lakeshore (Hema Rachmale),

Bronze: Dr Gunvant and Ila Mehta, Global Initiative of Veterans, Aparna Hande, Pravin Patil, Arun Datt, Kamlesh Chauhan, Anonymous (ref Hark Vasa), Dr Patwardhan, Ravi Tilak Chaitali & Mehul Raja

Champions: Abhinav Mehta, Vikas Srivastava (Oodles), Dr Surendra Sharma, Anju Garg, Satish Mandavgade, Niranjana Sathe, Sudip Gorakshakar, Sudip Gorakshakar, Dr. Rohini Joshi, Pat Patnaik, Manish Kapoor. Sanjay Shah Vasu Pawar, Shailesh Shetye, Pooja Thomre,

+1 (657) 799-1716 smapFound@gmail.com smapFoundation.org/350



YouTube f
/smapUSA

TULSI NORTHRIDGE: 19535 W NORDHOFF ST, NORTHRIDGE, CA 91324

WWW.TULSIEATERY.COM

A stylized illustration of a woman in a green and yellow sari, holding a small object in her hand, looking upwards. The background is a solid green color.



ZABB THAI CUISINE

Your Best Choice For Authentic Thai Cuisine

ZABB FATHER'S DAY SPECIAL OFFER
For your Family and Friends

FATHER'S DAY

SUNDAY JUNE 16th

COMPLIMENTARY THAI BEER FOR DAD

With Any Purchase

(949) 432-5443

ZABBTHAICUISINE.COM/RESERVATIONS

We are open 7 days a week - 11 am to 10 pm
We cater to parties Big and Small

Thai Restaurant in Newport Beach. Full Bar, Cocktails, Beer & Wine
We also serve Vegetarian Food



www.zabbthaicuisine.com

4001 West Coast Hwy, Newport Beach, CA 92663 949-432-5443 or info@zabbthaicuisine.com

SAHARA

South Asian Helpline and Referral Agency

ELDER CARE

Project SEWA

South-Asian Elder Wellness Assistance

We speak multiple South-Asian languages including Hindi, Urdu, Punjabi, Gujrati, Telegu, and Tamil.

FREE AND CONFIDENTIAL SERVICES

PUBLIC BENEFITS

COMMUNITY RESOURCES

ABUSE SUPPORT

CITIZENSHIP APPLICATIONS



MORE SERVICES

- SSI, MEDI-CAL, MEDICARE, DISABILITY, ACCESS AND IN-HOME SUPPORT SERVICES.
- WORKSHOPS AND TRAININGS
- HEALTHY AGING PROGRAMS
- CITIZENSHIP & IMMIGRATION
- CASE MANAGEMENT
- MENTAL HEALTH COUNSELING
- FINANCIAL ASSISTANCE
- RESOURCES AND LEGAL REFERRALS

FOR APPOINTMENTS CALL
562-402-4132
17100 PIONEER BLVD, STE 320, ARTESIA, CA 90701
INFO@SAHARACARES.ORG
WWW.SAHARACARES.ORG
TOLL FREE HELPLINE
1.888.SAHARA2
(1.888.724.2722)

SAHARA IS A NON-PROFIT ORGANIZATION THAT SERVES SURVIVORS OF ALL FORMS OF ABUSE WITHIN THE SOUTH ASIAN COMMUNITY IN SOUTHERN CALIFORNIA WITH CULTURALLY SENSITIVE AND LINGUISTICALLY SPECIFIC SERVICES.

This Publication was supported by funding awarded by CA VOCA XE23 01 1316 through the California Governor's Office of Emergency Services (Cal OES)

The opinions, findings, and conclusions in this publication are those of the author and not necessarily those of Cal OES. Cal OES reserves a royalty-free, nonexclusive, and irrevocable license to reproduce, publish, and use these materials as well as the authorization to allow others to do so.

FREE
3D CT Scan
exam for
implant
consultation

FULL
MOUTH
REHABILITATION
WITH
IMPLANT



- CBCT Monitored Surgical Guide
- Planning Through Digital Panogram
- Surgical Placement of Implants If You Qualify

SUCCESS RATE IS MORE THAN 95%



WE
WILL
CHANGE
YOUR
LIFE



Smile reconstruction, permanent solution with implants.
Reconstruction of fixed teeth with implants makes possible eating any kind of food.



WWW.SURAJPALSHARMA.COM





VM DENTAL GROUP

DR. SURAJ SHARMA

IV conscious sedation certified
NO PAIN - YOU FORGET THE SURGERY VISIT

951-352-5838

5515 Van Buren, Riverside CA 90253

NRI MINISTER

Richest MP Pemmasani Chandra Sekhar becomes Union Minister

AMARAVATI/NEW DELHI: Telugu Desam Party's Pemmasani Chandra Sekhar, the NRI doctor who took oath as Union Minister of State in the third PM Narendra Modi government on Sunday, is a first-time MP and the richest with declared family assets of more than Rs 5,705 crore.

The 48-year-old was elected from Andhra Pradesh's Guntur constituency, defeating his nearest rival K. Venkata Rosaiah of the YSR Congress by a huge margin of 3.44 lakh votes.

Born in a humble family in Burripalem village of Guntur district, he studied at Narasaraopet Municipal School till Class 10 and did his intermediate in Guntur. Though he studied in a government school in Telugu medium school, with dedication and excellent performance, he secured 27th rank among 60,000 students who appeared for the EAMCET exam in 1993-94.

After attaining the MBBS degree from Osmania Medical College, he went to the United States for further studies. He completed his post-graduation studies and internal medicine at Geisinger Medical Centre in Pennsylvania. Later, Chandra Sekhar served as Professor and Physician at Sinai Hospital at Johns Hopkins University for five years. He completed his medical licensing exam in the United States, and at the time, he faced hard-



President, Droupadi Murmu administering the oath as Minister of State to Dr. Pemmasani Chandrasekhar at a Swearing-in Ceremony at Rashtrapati Bhavan, in New Delhi

ships in getting training and accommodation in the US.

To mitigate such hardships for students like him, Chandra Sekhar compiled his training material into a book and made it available to students appearing for the Medical Licensing Examination (USMLE).

His effort to make the study material available to students at the lowest price won him accolades. He was only 25 years old then.

Chandra Sekhar started an online

training platform UWorld for medical students attending medical licensing exams in the US. Through this, he earned fame and goodwill in the US. Now, the platform provides training in other areas, such as nursing, pharmacy, finance, Law, commerce, and accounting.

As per the affidavit submitted to the Election Commission, Chandra Sekhar and his wife Koneru Sriratna both are in business. Chandra Sekhar's immovable assets are valued at Rs 2,316.54 crore while that of his wife are Rs 2,289.35

crore. Dependent son Abhinav Pemmasani owns movable assets of Rs 496.27 crore while dependent daughter Sahasra Pemmasani has movable assets of Rs 496.47 crore. The couple jointly has an investment of Rs 2,402.36 crore in publicly listed companies in the US. Chandra Sekhar owns five vehicles worth Rs 6.11 crore including two Mercedes Benz, Tesla Model X and Rolls Royce Ghost.

He has movable assets of Rs 72 crore while the same of his wife are valued at Rs 34.82 crore. He was awarded the "Entrepreneur of The Year Southwest Region" award in 2020. He is also a member of the Forbes Business Council and the American Association of Physicians of Indian Origin.

Chandra Sekhar provides medical facilities for NRIs who do not have medical insurance through the Pemmasani Foundation in Dallas. He has helped to accommodate a hundred bore wells in Palnadu district of Andhra Pradesh since 2010, establishing Reverse Osmosis plants and overhead tanks and providing drinking water through tankers in Palnadu district to mitigate the water scarcity. He also provides scholarships for talented students through the Pemmasani Foundation. With an interest in public services, he supported the TDP on behalf of the NRI wing, donated his earnings, and collected funds from NRIs since 2010. IANS

PM Modi urges people to make yoga an integral part of their lives

NEW DELHI: Ahead of the International Day of Yoga on June 21, Prime Minister Narendra Modi called upon people to reiterate their commitment to making yoga an integral part of their lives.

PM Modi shared a set of videos showing various 'Asanas' on X, describing their benefits.

In a series of posts on X, PM Modi said, "As Yoga Day approaches, I am sharing a set of videos that will offer guidance on various Asanas and their benefits. I hope this inspires you all to practice Yoga regularly."

"As we approach this year's Yoga Day, it is essential to reiterate our commitment to making Yoga an integral part of our lives and also encouraging others to make it a part of theirs. Yoga offers a sanctuary of calm, enabling us to navigate

life's challenges with calm and fortitude," the PM said on X.

"In ten days from now, the world will mark the 10th International Day of Yoga, celebrating a timeless practice that celebrates oneness and harmony. Yoga has transcended cultural and geographical boundaries, uniting millions across the globe in the pursuit of holistic well-being," PM Modi wrote in another post on X.

Yoga is an ancient physical, mental and spiritual practice that originated in India. The word 'yoga' derives from Sanskrit and means to join or to unite, symbolizing the union of body and consciousness.

Today it is practiced in various forms around the world and continues to grow in popularity. ANI



Pak PM sends 'felicitations' to Prime Minister Modi

ISLAMABAD: Pakistan Prime Minister Shehbaz Sharif sent "felicitations" to Narendra Modi on taking oath as the Prime Minister of India for the third consecutive time.

In a short message on X, Shehbaz wrote, "Felicitations to Narendra Modi on taking oath as Prime Minister of India."

Prime Minister Modi and his Council of Ministers took oath in a historic ceremony held at the Rashtrapati Bhawan in Delhi last weekend.

While dozens of global leaders have sent congratulatory messages, Pakistan PM's message to his Indian counterpart holds quite a significance considering the tense relationship between the neighboring nations during

the past two terms of the Modi government.

"PM Shehbaz's felicitation message shows clearly the rift that persists between the two countries. The message didn't show any sign of warmth or express hopes of working towards normalization of relations between the two countries. Instead, it seemed more like a forced formality that the premier had to undertake," said senior political analyst Javed Siddique.

It should also be noted that PM Modi did not extend an invitation to Pakistan to participate in the swearing-in ceremony like he did in 2014 when then Prime Minister Nawaz Sharif was invited. IANS

Priority areas for Jaishankar in Modi 3.0 government: Border stability with China, cross-border terror solution with Pakistan

NEW DELHI: External Affairs Minister, S Jaishankar recently outlined distinct approaches to handling relations with China and Pakistan, asserting that India's foreign policy under the third term of Prime Minister Narendra Modi will focus on finding solutions to "border issues" with Beijing and the "years-old cross-border terrorism" with Islamabad.

Ahead of assuming charge on 11 June after being sworn in as the country's foreign minister for the second time, the career diplomat-politician noted that both the neighboring countries present unique challenges and India's relations with them are different.

"Our focus with regard to China will be on finding a solution for the border issues," Jaishankar said today, signaling India's commitment to resolving territorial disputes through dialogue and diplomatic channels.

India has time and again faced border issues with China and the situation escalated in 2020, when Indian and Chinese troops clashed at Galwan, the same year

the pandemic started. India, in January this year, while reiterating its long-standing position on China, said the two countries continue to engage on the diplo-

years-old cross-border terrorism," Jaishankar said.

India has repeatedly emphasized that it will not tolerate cross-border terrorism

Modi's second term, reassumed his responsibilities as External Affairs Minister at the Ministry of External Affairs located in South Block today.



Union Minister of External Affairs Dr. S. Jaishankar chairs a meeting with senior officials of Team MEA accompanied by MoS Kirti Vardhan Singh and Pabitra Margherita, in New Delhi (ANI Photo)

matic and military sides for some sort of resolution.

Meanwhile, addressing the issue of cross-border terrorism emanating from Pakistan, the 69-year-old minister emphasized India's determination to seek a resolution. "With Pakistan, we would want to find a solution to the issue of

and it cannot keep aside terrorism to improve ties with Pakistan. New Delhi has also said the onus is on Islamabad to create a conducive atmosphere in which there is no terror, hostility or violence.

Jaishankar, a prominent BJP figure who navigated India's diplomatic strategies during Prime Minister Narendra

Jaishankar also expressed optimism under Prime Minister Narendra Modi's leadership on fulfilling India's aspirations for a seat on the United Nations Security Council (UNSC) within the next five years.

Further he emphasized the multifaceted growth of India's influence on the global stage. ANI

The best way to **PREDICT THE FUTURE** is to create it.
Let me help you **CREATE THE FINANCIAL FUTURE YOU WANT.**



1334 Voigt Way
Placentia, CA 92870
(714) 726-5264
djmaniar@newyorklife.com

Life Insurance
Annuities
IRA/SEP IRA / Roth IRA
Long Term Care
Solutions
College Funding
Estate Planning
Strategies
Retirement Planning



Daxesh Maniar,
CFP® ChFC® LUTCF®
Agent of New York Life Insurance
Company, Financial Adviser*
CA Insurance Lic #0E19665

**Offering Financial Planning and Investment Advisory Services through Eagle Strategies LLC, a Registered Investment Adviser and a New York Life Company*

Taiwan slams China, Pakistan over misinterpretation of UN resolution 2758

TAIPEI: Taiwan's Ministry of Foreign Affairs criticized China and Pakistan for issuing a statement that misinterprets United Nations resolution 2758, focus Taiwan reported.

The statement, issued during Pakistani Prime Minister Shehbaz Sharif's visit to China on June 7, falsely equated the resolution with Beijing's claim that Taiwan is part of China.

"Both sides stressed that the authority of the UN General Assembly Resolution 2758 brooks no dispute or challenge," the statement said.

"Pakistan reaffirmed its firm commitment to the one-China principle and reiterated that Taiwan is an inalienable part of the People's Republic of China's territory," the statement added.

According to Focus Taiwan, MOFA issued a press release of 10 June stating that resolution 2758 only addresses the issue of China's representation in the United Nations and does not mention Taiwan at all.

It does not authorize the PRC to represent Taiwan in the UN system, nor does it mention that Taiwan is part of the PRC, MOFA said.

The ministry said that China (Taiwan's official title) is a free and democratic country.

MOFA emphasized that neither democratic Taiwan nor authoritarian China are subordinate to each other, asserting that China's political coercion will not change Taiwan's belief in democracy.

"Pakistan reaffirmed its firm commitment to the one-China principle and reiterated that Taiwan is an inalienable part of the People's Republic of China's territory,"

MOFA asserted that China continues to deliberately distort and erroneously politicize the UN document to make untrue connections between the language of the resolution and Beijing's so-called "one China principle."

Taiwan is a key player in safeguarding democracy and freedom across the world. It will continue strengthening relationships with like-minded partners to counter China's threats and military intimidation, curb the expansion of authoritarianism, and ensure cross-strait peace and stability, MOFA said in the statement.

The tensions between China and Taiwan are at an all-time high. Despite never having governed Taiwan, China's governing Communist Party considers it part of its territory and has threatened to conquer it by force if necessary. *ANI*

Indian origin man shoots brother dead, injures mother, kills self in New York

NEW YORK: An Indian-origin man here shot his brother dead, injured his mother, and then killed himself, according to police.

Karamjit Multani, 33, shot his brother Vipapal, 27, on 9 June in their home in the Richmond Hill neighborhood and went out and turned the gun on himself at a place about two kilometers away, police said.

Police said that when they went to their house after getting a call about a shooting, they found Vipapal "unresponsive" with several gunshot wounds, and their 52-year-old mother with an injury to her stomach. Later, Multani was found dead near a street corner with a gunshot wound to his head and a gun nearby, according to police.

The mother, who was not identified by name, was taken to a hospital where she was said to be out of danger.

Richmond Hill has a large concentration of Asians, most of them of Indian descent from India or the Caribbean, accounting for 26 per cent of the area's population.

According to the city, "The southern portion of Richmond Hill is home to several tight-knit communities, such as the Punjabi Sikh".

CBS New York reported that the men's father, Bhupinder Multani, told the station that he did not know what set off his older son.

Asked by the station's reporter if the sons had any issues, he said: "Not big problems. Sometimes little disagreements, no problems."

He said that the family had settled in for a quiet evening with pizza when Multani opened the door to his brother's room and shot him without warning. The father said he ran to the house of a neighbor to seek help. The neighbor told the station that when she entered the house she found Vipapal wounded and pleading for help. *IANIS*

UN chief Guterres congratulates PM Modi on starting third term

UNITED NATIONS: UN Secretary-General Antonio Guterres congratulates Prime Minister Narendra Modi on the inauguration of his third term, and looks forward to working with him, his spokesperson Stephane Dujarric said.



"The people of India should be congratulated, and the government, for organizing an election of this size which is frankly unseen anywhere else in the world," Dujarric said.

About 642 million citizens voted at about 1 million polling stations manned by about 11 million polling staff across the country. *IANIS*

"Promotion of violence never acceptable": Canadian envoy on posters of Indira Gandhi's assassination put up in Brampton

NEW DELHI: Canadian High Commissioner to India, Cameron MacKay on Tuesday said that "promotion of violence" is "never acceptable" in Canada. The envoy's remarks came in the wake of a recent incident in Brampton, Canada, in which Khalistani extremists put up imagery to glorify the assassination of former Prime Minister Indira Gandhi.

Ties between New Delhi and Ottawa had soured due to a row over Prime Minister Justin Trudeau allegation that India was involved in the incident in which Khalistani terrorist Hardeep Singh Nijjar was shot to death in British Columbia in June last year.

India has repeatedly accused Canada of giving a free hand to the extremists and not acting against the incidents of Khalistani extremism.

"The Government of Canada is aware of further imagery displayed in Brampton on Sunday. Canada's position is clear: The promotion of violence is never acceptable in Canada," Canadian envoy MacKay posted on X today.

Earlier, Canadian Public Safety Minister Dominic Leblanc had in a similar statement denounced promoting violence, which he said is never acceptable in his country.


In a post on X, Leblanc wrote, "This week, there were reports of imagery depicting the assassination of Indian Prime Minister Indira Gandhi in Vancouver. The promotion of violence is never acceptable in Canada."

Indian-origin Canadian Member of Parliament Chandra Arya also expressed similar concern over Khalistan supporters in Canada putting up posters of Indira Gandhi's assassination.


Arya claimed that the Khalistan supporters are once again attempting to "instill fear of violence in 'Hindu-Canadians'" by putting up posters of former Prime Minister Indira Gandhi's assassination, showing bullet holes in her body with her Sikh bodyguards turned assassins holding guns.

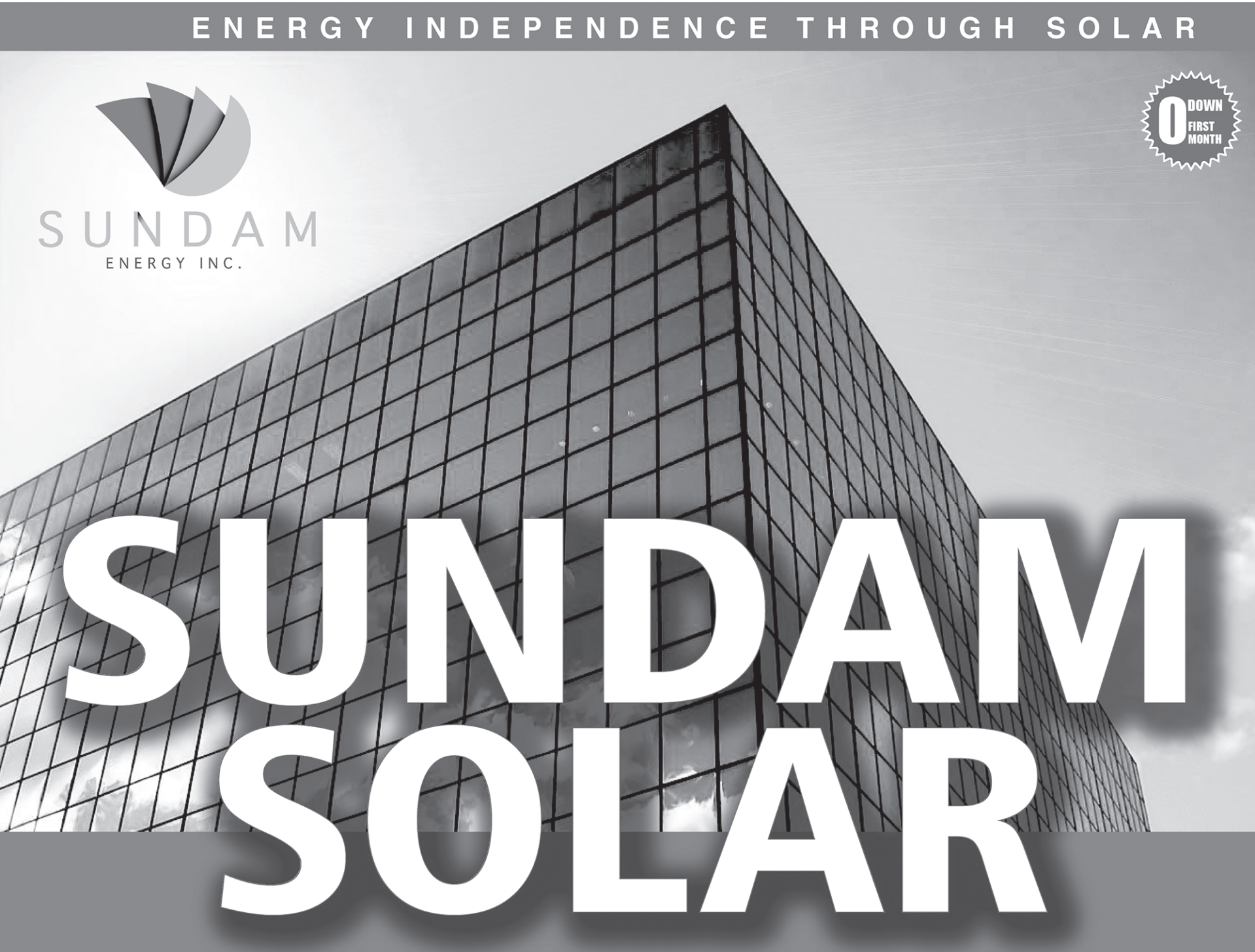
Multiple incidents of Khalistani extremism have been reported in Canada. This includes chanting of anti-India slogans, putting up of threatening posters and vandalism of Hindu temples. Last month, some anti-India slogans were heard during the Nagar Kirtan Parade organized by the Ontario Gurdwara Committee (OGC) in Canada, an event where PM Justin Trudeau was also present. *ANI*

ENERGY INDEPENDENCE THROUGH SOLAR



SUNDAM
ENERGY INC.





SUNDAM
SOLAR

“Sundam Energy Inc. is the only Solar Company in California that issues test and commissioning report to every customer. Sundam Energy uses advanced automated multi-function test equipment, software analytics and advanced thermal imaging cameras that are designed to guarantee the safety, equipment quality and performance of your solar system for more than 25 years”

We will pay your First Month bill after Installation

| SUNDAM ENERGY HELPS YOU: | COST OF ELECTRICITY | \$ /KWH |
|--|---|--|
| <ul style="list-style-type: none">• Convert your tax liability into an INCOME GENERATED ASSET!• Get a 3 YEAR PAYBACK on a Residential solar Installation• Get a 1 YEAR PAYBACK on Commercial Solar Installation• Increase the VALUE of your home or business• YOU ARE WASTING MONEY every day you delay installing solar | Sundam Solar LADWP EDISON PG&E | ~\$0.01 >\$0.29 >\$0.31 >\$0.39 |

30% Tax Credit RUSH,
RUSH, RUSH for SOLAR
Tax Credit will expire soon
www.sundamsolar.comRush

THE ONLY SOLAR COMPANY
YOU SHOULD TRUST

GET REBATE
OF \$1000
ON YOUR
INSTALLATION

Contact SUNDAM SOLAR today
Toll Free Tel: 844.786.3261 • www.sundamsolar.com
9728 Variel Ave., Chatsworth, CA 91311 • Cal State License No. 1022140

Modi 3.0: Sitharaman retains finance ministry

NEW DELHI: A day after the swearing-in ceremony, the BJP-led NDA government under Prime Minister Narendra Modi set the ball running by allocating key portfolios to ministers.

Nirmala Sitharaman has been entrusted with the critical portfolios of Finance and Corporate Affairs. This assignment underscores her continued role in India's economic policies and managing corporate governance.

The President of India, upon the advice of the Prime Minister, has formally allocated key portfolios to members of the Union Council of Ministers.

The official oath-taking ceremony took place on June 9, marking the commencement of the Modi 3.0.



Nirmala Sitharaman

This cabinet formation includes 30 cabinet ministers, 36 ministers of state (MoS), and 5 MoS with independent charge from the BJP and its allies, marking the establishment of the National Democratic Alliance (NDA) government under Prime Minister Narendra Modi's leadership.

As the country grapples with global economic uncertainties and domestic challenges, Sitharaman's experience will be pivotal in crafting fiscal strategies to sustain growth and stability.

Many of the ministers have been retained with their last jobs in the interest of continuity as well.

Nitin Jairam Gadkari's appointment as the Minister of Road Transport and Highways signifies the government's continued focus on infrastructure development and connectivity enhancement. *ANI*

Musk threatens to ban iPhones at his companies over ChatGPT integration

SAN FRANCISCO: Tesla and SpaceX CEO Elon Musk has threatened to ban iPhones from all his companies over the integration of ChatGPT into iPhones and other Apple devices.

Apple announced that in iOS 18, users will be able to ask Siri questions and OpenAI's ChatGPT will answer. "If Apple integrates OpenAI at the OS level, then Apple devices will be banned at my companies. That is an unacceptable security violation," Musk posted on X. *IANS*



India offers strongest employment outlook in Asia Pacific in Q3: Report

NEW DELHI: India has offered the strongest employment outlook in Asia Pacific (APAC) at over 30 percent in the third quarter (Q3) of 2024, a new report showed.

According to the global workforce solutions company ManpowerGroup, the strongest hiring intentions continue in North India at over 36 percent.

The survey, gathering data from 3,150 employers depicted the financial and real estate industries as forerunners in creating employment followed by healthcare and life sciences.

"The real estate sector has seen an increased investor interest with a capital inflow to the



tune of \$1.1 billion led by the residential sector," said ManpowerGroup's India and Middle East Managing Director Sandeep Gulati.

Among the industry size, large organizations (1,000 to 4,999) indicated the strongest optimism in hiring with the Net Employment Outlook of 42 per-

cent followed by small (50 to 249) and medium (250 to 999) organizations (34 percent) and large enterprise (30 percent).

Moreover, the report showed that over 62 percent of employers have adopted artificial intelligence (AI) including generative conversational AI with 80 percent of the senior leadership team optimistic about the positive impact of AI on overall business as opposed to 68 percent of frontline and factory workers.

Almost 68 percent of employers plan to increase headcount due to the adoption of AI and Machine Learning over the next 2 years. *IANS*

India needs 3 lakh skilled professionals for semiconductor industry by 2027: Report

NEW DELHI: As India embarks on its ambitious semiconductor journey; the country will require 2.5 lakh-3 lakh skilled professionals by 2027 across Research and Development (R&D), design, manufacturing and advanced packaging domains, a recent report showed.

De-risking initiatives by the world's leading electronic manufacturers, coupled with targeted government initiatives and India's talent pool, have led the country to occupy a key position in the global semiconductor manufacturing space, according to the report by TeamLease Degree Apprenticeship.

Expected to become a \$100 billion industry by 2030, the expansion is poised to generate approximately 1

million global jobs by 2025-2026, aligning with India's broader economic and industrial growth objectives.

The Electronics Sector Skill Council (ESSC) currently offers over 35 apprenticeship courses under the National Apprenticeship Promotion Scheme (NAPS) scheme to address skill shortages at various levels of entry-level work.

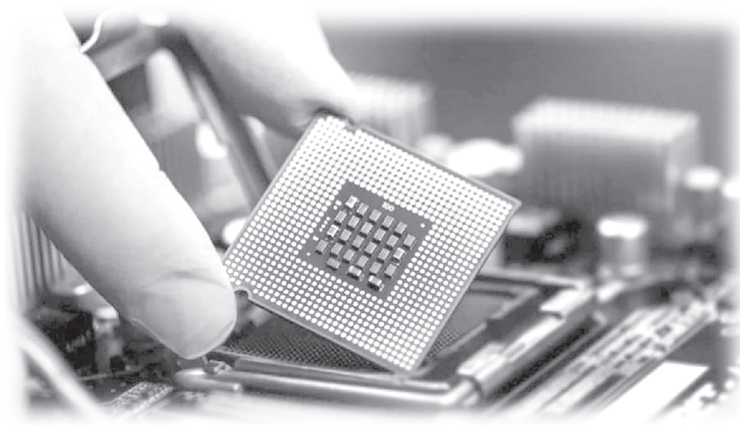
To address this gap, the TeamLease Degree Apprenticeship is actively collaborating with academia, government bodies, and industry leaders.

Ramesh Alluri Reddy, CEO of TeamLease Degree Apprenticeship, emphasized upon the need to increase employment in India, especially in light of the \$15 billion investment in three semiconductor plants.

This investment results from the India Semiconductor Mission (ISM) and the Production Linked Incentive (PLI) scheme.

"Advancements in AI-driven technologies are pushing India towards higher-value activities in the semiconductor industry. AI-powered chip design and smart manufacturing are creating a demand for professionals skilled in artificial intelligence (AI), Internet of Things (IoT) and 5G," said Reddy.

Building an ecosystem for higher value creation activities and cultivating a competent workforce through degree apprenticeships and training programs is crucial to establish India as a significant player, the report mentioned. *IANS*



New government should focus on making in India for the world: FICCI president Anish Shah

NEW DELHI: As Narendra Modi took charge as Prime Minister for the third consecutive term today; the Indian business community's expectations are coming into sharp focus.

In an exclusive interview with ANI, FICCI President Anish Shah emphasized the need for the new government to prioritize "making in India for the world."

Speaking to ANI, Shah outlined a vision for the country, urging the government to capitalize on its strengths and address critical areas to elevate India's global standing.

"The first area is creating the best manufacturing hub in India. This involves lowering manufacturing costs, continuing ease of doing business reforms, and positioning India as a high-quality destination for products. Research and development will be crucial in achieving this," he stated.

Shah emphasized the importance of transforming India into a premier manufacturing destination by reducing costs and enhancing the ease of doing business.

He stressed that continuous reform is necessary to

attract global manufacturers.

"The second area is women-led development. We need more women in manufacturing and the labor workforce, with a strong focus on equality," Shah continued.

Shah said, "Thirdly, we need to enhance farmland prosperity by improving farm productivity and creating efficient value chains. Lastly, we must develop sustainable urban communities, playing a key role in a green economy and aiding climate transition."

On the Budget expectation, Shah noted that previous budgets have focused on long-term growth driven by investments and capital expenditures (CAPEX), which have significant multiplier effects.

"We hope to see this focus continue, along with addressing specific economic sectors. A combination of fiscal discipline, inclusive growth, and long-term investments is essential," he added.

Commenting on the first Cabinet decision of the Modi 3.0 government, which approved government assistance for constructing three crore houses under the Pradhan Mantri Awas Yojana (PMAY), Shah praised the initiative. ANI



FICCI President Anish Shah

US to outstrip China as top export destination for S Korea for 1st time in 22 years

SEOUL: South Korea's exports to the United States exceeded those to China so far this year, data showed on 10 June, raising the possibility that the US could be the top export destination for South Korea for the first time in 22 years.

Outbound shipments to the US amounted to \$53.3 billion from January through May 2024, compared with South Korea's export value to China of \$52.69 billion, according to data from Statistics Korea and the Ministry of Trade, Industry and Energy.

If the current trend continues, the US will be the No. 1 export destination for South Korea for the first time since 2002, reports Yonhap news agency.

Last year, China was the largest export destination for South Korea with an export value of \$124.81 billion, followed by the US with \$115.71 billion. The gap was the smallest in 19 years.

Exports by South Korean large conglomerates to the US already surpassed those to China for the first time in 20 years in 2023.

South Korea's exports to the US have been on a constant increase in recent years. They advanced 5.4 percent on-year to reach a record high last year on the back of growing exports of cars and rechargeable batteries.

But exports to China had fallen for two years in a row after hitting an all-time high of \$162.91 billion in 2021 amid China's sagging manufacturing sector. IANS

RESIDENTIAL, COMMERCIAL, BUSINESS/INVESTMENT PROPERTIES & 1031 TAX DEFERRED EXCHANGE EXPERT



JR and RASHMI SHAH
714-335-9048

RESIDENTIAL

- 5 Bd 3 Ba semi custom home in Fullerton - **SOLD**
- View lot of over an Acre in La habra heights
- 5 BD 4.5 BA home in Riverside in a Gated Community
- 4 BD 3 BA home in Placentia for sale
- 5 BD 5 BA 5800 sqft Home - **SOLD**
- Huge Parcel of Land 530+ Acres Offering endless opportunities to develop for **SALE**

COMMERCIAL

- Profitable liquor store in Long Beach
- 60,000 Plus Sq.Ft of Medical Building in Riverside County
- BUYERS are lookingto BUY companies related to Medical and Electronics
- 51,000 Sq.ft of Industrial building in Los Angeles County for sale
- 26 unit apartment complex in 29 Palms
- Sell/Market Electronics and Internet Companies
- Market Several Business Opportunities

JIGAR (JR) SHAH
DRE License #1116918

CONTACT: CELL: 714-335-9048, DIRECT: 714-626-2023, EMAIL: JRSHAH@PACBELL.NET
We would help you increase your residential and commercial real estate portfolio by maximizing your cash flow and the value

Pakistan reports 5th polio case of 2024

ISLAMABAD: Pakistan reported the fifth polio case so far this year after a child was paralyzed in Quetta city of southwest Balochistan province and eventually died, the Pakistani Health Ministry said.

The affected two-year-old child developed an onset of paralysis on April 29 in his legs, the Ministry said in a statement, adding "he became progressively ill with weakness spreading to his arms, and unfortunately passed away in a hospital in the southern port city of Karachi a few weeks later".

The samples taken from him, his brother, and his cousin, who live in the same house, confirmed the presence of wild poliovirus type 1, said the statement as quoted by Xinhua news agency report.

The virus isolated from the samples belongs to the imported YB3A cluster of WPV1, it added.

The government is focusing its efforts on closing the outbreak and enhancing polio vaccine and routine vaccination coverage rates in the province to ensure strengthened immunity for children, the Ministry said. *IANS*

Study decodes how pathogens infect human lung tissue

NEW DELHI: A new study shows novel insights into how pathogens invade the lungs using lab-grown lung microtissues generated from human stem cells.

The team from the Biozentrum of the University of Basel in Switzerland focused on *Pseudomonas aeruginosa*, part of WHO's list of 12 of the world's most dangerous bacterial pathogens.

The bacterium targets specific lung cells and has developed a sophisticated strategy to break through the lungs' line of defense. It is especially threatening to immunocompromised patients and those on mechanical ventilation, with mortality rates up to 50 percent. *IANS*



One can be said to be perfectly healthy in body and mind only if no part of the body or mind makes itself felt. A part makes itself felt only when there is something wrong with it. You know that you have a head only when it aches.

Sri Atmananda (1883 - 1959)

16 India Post

www.indiapost.com

June 14, 2024

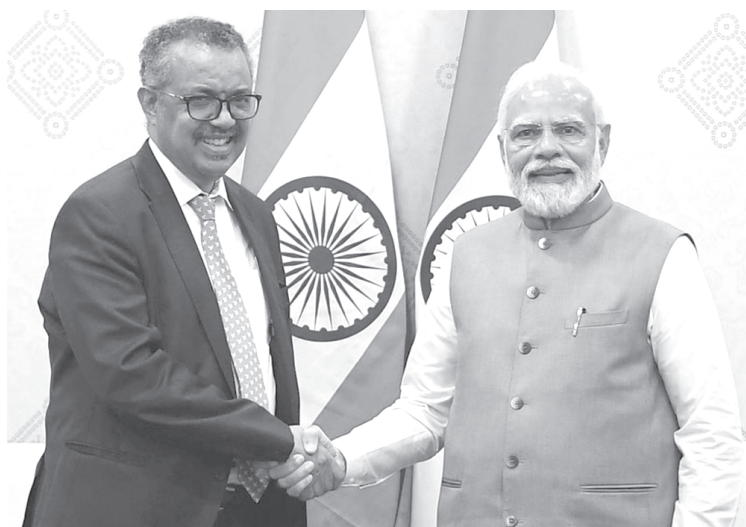
This is why PM Modi called WHO chief 'Tulsi Bhai'

NEW DELHI: After the World Health Organization (WHO) chief Tudors Adhanom Ghebreyesus congratulated Prime Minister Narendra Modi on his re-election, the Prime Minister addressed him as "Tulsi Bhai".

At the 'Global AYUSH Investment and Innovation Summit' in Gujarat in 2022, PM Modi called the WHO chief "Tulsi Bhai".

During the summit, the WHO Director-General had requested PM Modi to pick a Gujarati name for him, as he had "become a pucca Gujarati".

"I will call him 'Tulsi bhai' as a Gujarati. Tulsi is a plant that



Prime Minister Narendra Modi and Tudors Adhanom Ghebreyesus

modern generations are forgetting. Generations have wor-

shipped Tulsi. You can also use the Tulsi plant in marriage. So

now you are with us," the PM had said.

After PM Modi's re-election as Prime Minister, the WHO chief said in a post on X: "Congratulations Prime Minister @narendramodi on your reelection. I look forward to continuing @WHO-#India close collaboration for #HealthForAll".

PM Modi responded: "Thank you my friend Tulsi Bhai! India's cooperation with WHO promotes our vision of 'One Earth One Health'. The first WHO Global Centre for Traditional Medicine in India adds to our joint efforts towards #HealthForAll". *IANS*

Exercise during evening most beneficial for lowering blood sugar levels: Study

NEW DELHI: Finding it hard to lower your blood sugar levels? Doing exercises in the evening hours may help, according to a recent study.

The study published in the journal *Obesity* showed that moderate to vigorous physical activity in the evening for sedentary adults with overweight and obesity is most beneficial in lowering daily blood sugar levels.

"Our results highlight the importance of the field of precision exercise prescription," said Jonatan R. Ruiz, Professor of physical activity and health, at the Department of Physical and Sports Education, University of Granada in Spain.

"In clinical practice, certified sports and medical personnel should consider the optimal timing of the day to enhance the effectiveness of the exercise and physical activity programs they prescribe," he added.

The team studied a total of 186 adults who exercised between 6 a.m. and noon, noon to 6 p.m., or 6 p.m. to midnight over 14 days. The participants had a body mass index of 32.9 kg/m2

with overweight or obesity with an average age of 46 years.

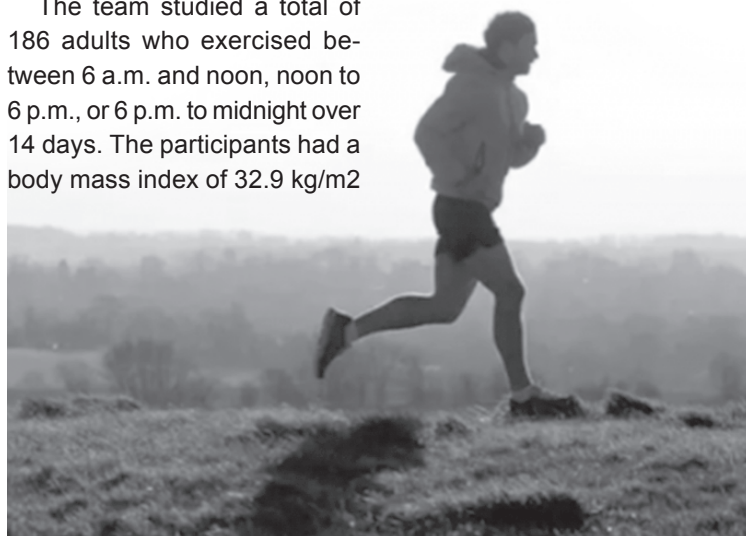
The results showed that accumulating greater than 50 percent of moderate to vigorous physical activity in the evening was associated with lowering day, night,

and overall blood glucose levels compared with being inactive.

The association was found to be stronger in participants with impaired glucose regulation and was similar in both men and women.

A previous study, published in the journal *Diabetes Care*, and based on data from 30,000 people who were followed over almost 8 years also showed that exercise during the evening may offer more health benefits against obesity.

Aerobic moderate to vigorous physical activity between 6 pm and midnight reduced the risk of premature death and death from cardiovascular disease, the study showed. *IANS*



Indian doctors praise new study showing 'Viagra' can help prevent dementia

NEW DELHI: Praising a new study by University of Oxford researchers, who found that the Viagra drug, also called Sildenafil, has the potential to prevent dementia (memory loss), Delhi-based doctors recently said this is a path breaking trial linking "Sildenafil with improvement in vascular dementia".

According to Dr. Rajeev Mehta, Senior Psychiatrist, Sir Ganga Ram Hospital is a type of dementia that affects thinking, memory and day-to-day behavior due to conditions that damage blood vessels and disrupt blood flow to the brain.

"India has a high burden of cognitive disease impairment due to vascular disease. It is important to note that in vascular dementia, memory deficiency or forgetfulness occurs in steps," Mehta said in a statement.

The research showed that Viagra (Sildenafil), mostly used for erectile dysfunction, has the capability to open minute blood vessels of the brain, thus improving blood flow and resulting in improvement of memory loss.

As per an article in Science Direct, the burden of vas-

cular contribution to cognitive impairment and dementia is substantially high in India.

There are about 5.3 million dementia patients in India and nearly 40 percent are estimated to be due to vascular dementia.

Dr. Jitendra Nagpal, Chairman, The Institute of Mental Health, Moolchand Hospital said that further comprehensive multi-centric trials are

needed to substantiate these findings. However, any benefits to chronic suffering from such dementia would be a welcome step in cognitive recovery.

"Besides increasing age, vascular dementia can also happen with stroke, wherein blood supply to part of the brain is suddenly cut off or reduced. This damages and eventually kills brain cells.

There is narrowing and blockage of the small blood vessels inside the brain," Nagpal mentioned.

In India, Sildenafil is available in the strength of 25mg to 100 mg and is commonly available across chemist's shops, costing roughly Rs 25 per tablet. IANS



Scientists develop new methods to detect Huntington's disease progression

NEW DELHI: A team of scientists in the UK developed non-invasive measurement techniques and novel analysis methods to decode disease progression and evaluate the effect of potential treatments or lifestyle changes in people with Huntington's disease.

Huntington's is a genetic disease where the brain's nerve cells (neurons) gradually break down and die. The condition leads to dementia, with a progressive decline in an individual's movement, memory, and cognition. There is currently no cure.

The team from Lancaster University in the UK showed that Huntington's disease not only affects nerve cells in the brain but also has widespread effects on microscopic blood vessels.

The changes were also observed before symptoms of the disease appeared, demonstrating the potential for this research to predict brain health and evaluate the beneficial effects of lifestyle changes or treatments.

Professor Aneta Stefanovska of Lancaster University said that they hope that the novel method can help "monitor the disease progression and evaluate the effect of potential treatments or lifestyle changes" in people with "Huntington's and other neurodegenerative diseases." IANS

Find the
HEALTHIEST VERSION
of yourself with the most
COMPREHENSIVE CARE

MONISH SODHI M.D.
BOARD CERTIFIED FAMILY PHYSICIAN
UC DAVIS SCHOOL OF MEDICINE

"It's like having a doctor in the family"
The Quality care you need
ACCEPTING NEW PATIENTS

For appointments, Call:
(510) 790-2202
PACIFIC CARDIOLOGY & MEDICAL ASSOCIATES
3155 Kearney Street, Ste. 210, Fremont, CA 94538

Repo rate unchanged: How real estate developers Reacted

DELHI-NCR: For the eighth consecutive time, the RBI has decided to keep the repo rate unchanged at 6.5%. This decision, combined with optimistic GDP growth projections, massive infrastructural development, an increased pace of project launches, and robust demand, is expected to significantly boost the real estate sector. However, while welcoming the move, developers also emphasized the need for intervention to support the affordable housing segment, especially as India is committed to fulfilling its housing aspirations.

Deepak Kapoor, Director of Gulshan Group, expressed that the Indian economy is performing well, and the GDP growth projections are highly optimistic. "We welcome the RBI's decision to maintain the status quo on interest rates. The benefits are two-fold - boosting consumption and propelling real estate sector growth, especially in the luxury residential segment," he said.

Yash Miglani, MD of Migsun Group, noted that the RBI's decision to keep the repo rate stable is a balancing act between controlling inflation and promoting economic development. "With reduced inflation and strong GDP forecasts, aligning with the real estate sector is imperative. Embracing innovation and stability will be key to unlocking new growth opportunities in the sector," he stated.

Rajjath Goel, Managing Director of MRG Group, emphasized the positive impact on potential buyers. "The Reserve Bank has reassured the real estate industry by maintaining stability in repo rates at 6.50% for the eighth consecutive time, bringing relief to potential buyers. With no adjustments made for over a year, buyers can proceed with their investments without facing rising loan interest rates. This decision alleviates financial concerns and demonstrates the authorities' commitment to controlling inflation," he stated. *NewsVair/ANI*

For detailed story visit www.indiapost.com

Real Estate POST

18 India Post

www.indiapost.com

June 14, 2024

FIR filed against IREO estate executives, Oberoi Realty for cheating & fraud

GURUGRAM: Following the local court directions, Gurugram Police has booked the managing directors of Oberoi Realty Limited and IREO Group, Vikas Oberoi and Lalit Goyal and others on a complaint of cheating, criminal breach of trust and forgery filed by another company AIPL, an official said. *IANs*

For detailed story visit www.indiapost.com

Seabeats real estate rolls out Dubai 100 Expo across 23 Indian cities

NEW DELHI: Dubai's Seabeats Real Estate LLC today announced the launch of Dubai 100 Expo, a multi-city Dubai real estate exhibition. There will be three phases to this mega property exhibition, which will cover 23 Indian cities for showcasing the latest luxury properties and investment opportunities available in Dubai. The Phase 1 of the expo will commence on June 11th at Kanpur. It will cover 22 other Indian cities before its grand finale in Dubai in September this year. This high-profile event will offer immersive experiences to bring Dubai's vibrant Emirati culture to life.

Dubai 100 Expo will offer India's aspiring home buyers an exclusive opportunity to acquire a property in Dubai for a nominal investment of only AED 100



(about Rs.2200), with the additional benefit of being eligible for a golden visa. This visa will grant residency rights besides offering them exclusive benefits within Dubai.

Throughout the event, Seabeats Real Estate LLC will

conduct exclusive investor information sessions throughout various cities, including Kanpur, Lucknow, Ranchi, Indore, Raipur, Patna, Jammu, Srinagar, Nagpur, and others. These detailed discussions will provide full information about the

projects, development plans, timelines and return on investments estimate. Additionally, investors will get the opportunity to interact directly with Dubai project developers and financial advisors for a richer perspective.

Speaking about the exhibition, Rinku Kumar, Founder & MD of Seabeats Real Estate LLC, said, "Dubai's real estate sector has gained remarkable traction among Indian buyers as owning a house in Dubai is not just an investment but a ticket to unsurpassable luxury. This multi-city expo will help us reach and connect Indian buyers with the best property options in the innovative city's prestigious locations. Dubai, the city of skyscrapers and iconic landmarks is known for its architectural wonders, incredible skyline, and a rich cultural heritage. The spectacular Dubai 100 Expo will immerse attendees in the vibrant environment of the city besides letting them experience the varied traditions and cuisines of Dubai." *PNN/ANI*

For detailed story visit www.indiapost.com

Insomniacs Launches Absolute CX: New PropTech to Drive Digital Transformation for Real Estate Developers

MUMBAI: Insomniacs, a leading martech network in real estate, announces the launch of Absolute CX; its latest PropTech that is designed to streamline the digital transformation for real estate developers. With the development of a successful series of its products, such as Totality, Virtual Runway, etc., it is set to address the larger problems of integrating technology and AI, challenging the dynamics and unique operational cycle of the real estate sector.

With over a decade of experience in this sector, Insomniacs has steered the digital and technology prowess of real estate, encountering certain com-

plexities associated with the use of multiple software solutions. The advent of newer technologies has posed a need to integrate these softwares, as the use of multiple solutions creates problems for the developers. With the integration of these

transform the journey of real estate developers. Absolute CX will manage the challenges associated with the multiple software solutions. It features eight modules and partnerships with more than 90 renowned platforms, aiming to provide the

The advent of newer technologies has posed a need to integrate these softwares, as the use of multiple solutions creates problems for the developers

platforms, it would be efficient to gather insights effectively without visiting multiple dashboards.

Therefore, to tackle these problems, Insomniacs has come up with a unified platform to automate various functionalities and

best customer experience. This innovation enables the developers to save up to 30 percent of operations costs, which in turn helps reduce customer acquisition costs at the desired point. *BusinessWire India/ANI*



BBC SHOW GRAND INDIAN HOTEL TO GIVE INSIGHTS INTO TRADITIONS OF INDIAN HOSPITALITY

MUMBAI: A new show titled 'Grand Indian Hotel' offers a fascinating insight into the traditions of Indian hospitality by BBC Player, a BBC Studios streaming service available on Prime Video Channel.

The 'Grand Indian Hotel', a three-part series, provides an unprecedented look inside the luxurious hotel groups, revealing the behind-the-scenes of providing world-class hospitality and care that it takes to deliver the most unforgettable experience.

'Grand Indian Hotel' chronicles the 90-year history and hallmark of the Oberoi Hotel & Resorts' "guest obsession" philosophy.

The series will give a peek into The Oberoi Rajvilas, The Oberoi Udaivilas and The Oberoi,



'GRAND INDIAN HOTEL' CHRONICLES THE 90-YEAR HISTORY AND HALLMARK OF THE OBEROI HOTEL & RESORTS' "GUEST OBSESSION" PHILOSOPHY



New Delhi, along with the unveiling of a new restaurant concept by Chef Vineet Bhatia.

Stanley Fernandes, Vice President of Distribution, South Asia, BBC Studios said, "'Grand Indian Hotel' is a first-hand account depicting India's Vibrant culture of 'Atithi Devo Bhava' through the lens of legendary Oberoi Hotels & Resorts, and reflects the great story-telling that is synonymous with BBC Studios."

Developed by Voltage and distributed by BBC Studios, Grand Indian Hotel is set to premiere on Prime Video Channels on BBC Player on June 14.

BBC iPlayer is a video-on-demand service from the BBC. The service is available on a wide range of devices, including mobile phones and tablets, personal computers and smart televisions. IANS



HINA KHAN REVEALS HOW SHE PUT TOGETHER A DISTINCTIVE LOOK FOR HER 'NAMACOOOL' CHARACTER

MUMBAI: Actress Hina Khan, who is winning praise for her latest streaming show 'Namacool', has shared that she and her character in the show share a mutual love for fashion.

In fact, the actress said that she would like to take some credit for putting together the look of her character.

Set in Lucknow, the series follows the life of two best friends, Mayank and Piyush, as they embark on their college journey, filled with aspirations, mishaps, mystery and life lessons.

Hina essays the role of Rubiya in the show. She said that she relates to Rubiya's love for dressing up the most

The actress said, "I would give myself some credit for putting her look together. The rose in her hair was something

I suggested as I felt it would give a very distinct touch to her look. So, undoubtedly, both Hina and Rubiya share a mutual love for fashion."

Hina also elaborated on Rubiya's distinctive style, saying: "The sarees and salwars are definitely the highlight of her look. They were all very carefully chosen, with lots of thought put into making the character look the way she does. The idea was to make Rubiya one of the prettiest faces in the college, and props to the entire team for making it happen."

The series also stars Abhinav Sharma, Aaron Kaul, Abhishek Bajaj, Anushka Kaushik, Faisal Malik, and Aadil Khan in pivotal roles.

'Namacool' streams on Amazon miniTV. IANS

Good News for Music Lovers

Join Music Classes

SUR-BAHAR

ALKA BHATNAGAR

SANGEET PRABHAKAR MASTERS IN MUSIC

TRAINING CLASSES AVAILABLE FOR:

- Hindustani Classical Music
- Hindustani Light Music (Dhol, Ghazal, Bhajan and Folk song)
- Karaoke and Film Songs (Old & New)
- Voice Modulation Technique
- Group & Private Lessons at your place

OUR PROGRAMS

- Concerts with Top Singers & Musicians
- Mehfil Shows of Ghazals
- Bhajan Concerts
- Graduation/Wedding/Mehendi Parties
- Live Show/DJ

Classes Available at Sunnyvale, Walnut Creek & San Jose

For more information regarding shows & classes contact: email:alkabhatnagar21@gmail.com

Tel: (510) 790-9254 • Cell: (510) 468-6929 • website: www.alkabhatnagar.com



Death toll in Israeli operation in Nuseirat camp rises to 274

GAZA: The death toll in the Israeli military operation in the Nuseirat refugee camp in the central Gaza Strip late last week has risen to 274, with 698 injured, Hamas-run health authorities said in a press statement.

The statement on 9 June noted that some victims remained under the rubble amid heavy bombardment and a lack of rescue crews, Xinhua news agency reported.

During the operation, Israeli forces rescued four hostages from the refugee camp, namely Noa Argamani, 25, Shlomi Ziv,



40, Almog Meir Jan, 21, and Andrey Kozlov, 27, all of them among the about 250 Israelis abducted last October by Hamas while attending the Nova festival, an outdoor music event, in a rural area near the Gaza-Israel fence.

After the Hamas rampage, which killed about 1,200 according to Israeli tallies, Israel launched a retaliatory large-scale offensive in Gaza, which so far has killed 37,084 and injured 84,494 others, according to Gaza's health authorities.

ANS

Immigration

POST

Under the new guidance, the border will reopen to those seeking asylum in the US two weeks after the daily crossings stay at or below 1,500 for seven consecutive days

Biden signs executive order to curb unlawful border crossings by immigrants

WASHINGTON: US President Joe Biden has signed an executive order that would immediately turn down requests for entry into the country by asylum-seekers crossing the southern border illegally, in the event that officials deem the border is overwhelmed.

The long-awaited measure, which Biden has been contemplating for months, would kick in once the seven-day average for illegal crossings between ports of entry along the US-Mexico border hits 2,500 per day, effectively shutting down the border, Xinhua news agency reported, citing senior administration officials.

Given that the daily encounters are already above the threshold now, the order could take effect right after being signed, empowering border officers to repatriate migrants within "days, if not hours," the officials told reporters during a press call.

Prior to this order, an illegal-immigrant seeking asylum in the US would typically be allowed to temporarily enter the country, where the individual will wait for



a court appearance to present a compelling case for the request.

Under the new guidance, the border will reopen to those seeking asylum in the US two weeks after the daily crossings stay at or below 1,500 for seven consecutive days.

Unaccompanied children and victims of human trafficking are

exempt from the newly announced restrictions -- a key part of the executive order, which Biden boasted as out of humanitarian considerations. Immigration advocates, however, worry that such an exemption would potentially lead to a drastic increase of children who make the dangerous journey to the border

on their own.

In remarks at the White House announcing the executive order, Biden said his measure, the product of weeks of negotiations between Democrats and Republicans, was opposed by some GOP members of Congress because the former president and his election rival, Donald Trump, "told them to".

"He didn't want to fix the issue" of illegal immigration, Biden said of Trump. "He wanted to use it to attack me," the president said, lashing out at his political foe by claiming that Trump was engaging in an "extremely cynical political move" that amounted to "a complete disservice" to Americans aspiring their leaders to not weaponize but fix the border.

ANS

Chinese Visa Scam case: Karti Chidambaram gets regular bail in ED case

NEW DELHI: The Rouse Avenue Court in Delhi granted regular bail to Congress Leader Karti Chidambaram in a money laundering case connected with the Chinese Visa

case.

The Special Judge, Kaveri Baweja, while granting bail, directed him to furnish a personal bond of one lakh and two sureties of the same amount.

The accused persons were earlier summoned by the court after cognizance of the charge sheet.

The Rouse Avenue Court on March 19 issued summons to Karti Chidambaram and the other seven accused in the case.

The Enforcement Director-

ate (ED) recently filed a prosecution complaint naming Karti Chidambaram, S Bhaskararaman, and several others, including several firms named as the accused.



Karti Chidambaram

In the case, Karti Chidambaram had earlier moved an anticipatory bail in Delhi High Court, where ASG SV Raju appeared for the En-

forcement Directorate and orally assured the court that no coercive action would be taken while the matter was pending in the court.

Senior Advocate Kapil Sibal had argued there was no material against the accused. No money laundering case is made out, as there are no allegations that any money was given to Karti Chidambaram, he said.

If there is no money, it cannot be laundered. Still, they registered the ECIR. The accused has joined the investigation and is cooperating in it. The alleged transaction is from 2011, and they registered the case for 2022," Sibal argued in court. ANI

PRADEEP ROY-SINGH

B.A. LL.B. M.B.A. J.D.

Attorney-at-Law

Former Assistant State's Attorney

- Civil & Criminal Litigation
- Felonies, Misdemeanors, Inc DUI
- Personal Injury, Business, Divorce etc.
- Property Tax for Commercial Properties

<http://www.proy-singh.com>

2335 W. Devon Ave., Suite 204,
Chicago, IL 60659

Tel: 773-381-1820

Tripura BJP ally TMP bats for complete stop on illegal immigration from Bangladesh

AGARTALA: Founder of the Tipra Motha Party and royal scion of Tripura, Pradyot Kishore Debbarman, has urged the central government to put a complete stop on illegal immigration to the bordering state from neighboring Bangladesh.

Speaking at the foundation day event of the Tipra Women Federation, the women arm of the party, Debbarman said, "Multiple agreements were signed before the historic Tipra accord but none of them could be implemented in letter and spirit. The instrument of accession was signed for merger, after which the tribal population of the state, who were in majority, became minority in their own land. Later on, some accords were signed with outlawed organizations like TNV and ATTF, but none of them could be implemented completely. But, this time Tipra Motha has signed an agreement with the center and we have to make sure that the previous mistakes are not repeated."

Urging the center to reconsider its initiative to implement CAA in Tripura, he said, "I am the only person who is fighting a case in the Supreme Court against CAA. The CPIM has objected to the law to please their own vote bank. The BJP has brought the legislation to increase its



own vote bank. But, I am speaking against the law to protect the indigenous people of Tripura. For CPIM, people from all religions should get citizenship in Tripura. The BJP has objection with the Muslims crossing the borders and settling here. My point is that Tripura has given settlement to enough people, and now it is time to think about our own people rather than offering citizenship to more people. We need jobs and government benefits for our own people."

Demanding the passage of the 125th constitutional amendment Bill, Debbarman said, "As a Tiprasa, now we have to speak in one voice for the 125th

constitutional amendment Bill that guarantees direct finding and protection of land rights for the people of tribal communities. This is one of the key points of the agreement we have signed with the Centre."

The former Congress President also asked the bigger partner in the ruling BJP-TMP-IPFT alliance government for self-introspection on the series of defeats in tribal states of the North East.

"In Nagaland, your (BJP's) ally lost the elections. In Meghalaya, similar fate befell the BJP ally. In Manipur, the BJP lost both seats. So, you have to understand that the tribal states are not happy with the policies of the BJP. There is a reason be-

hind it. The tribal societies feel insecure, and hence the Government of India should ensure land rights and protection from illegal immigrants for us. In the entire North East, only the Tiprasa community extended its support towards the BJP, and for that, we deserve a reward not in the form of power of position but through protection of our rights," he added. ANI

"Indian govt should look into issue deeply": Congress leader Ghulam Ahmad Mir on Reasi terror attack

NEW DELHI: Congress leader Ghulam Ahmad Mir called the terror attack in Jammu and Kashmir's Reasi district "unfortunate", and said the government of India should look into the issue deeply.

"It is very unfortunate that civilians have lost their lives in the attack. This incident happened in an area, which was not considered militant affected even during peak militancy. The nation is told that the situation has been improved but in these past 3-4 years, many deadly attacks have taken place. The government of India should look into the issue deeply," he said.

Terrorists had opened fire, causing the driver to lose control and the bus plunged into a gorge in J-K's Reasi district on 9 June. At least nine people were killed and 30 injured.

The Jammu and Kashmir police said at least two terrorists were involved in the attack. "As per eyewitnesses, two (terrorists) were there as of now. A combing operation is underway in the area. Five teams have been formed to search in the area," Reasi Senior Superintendent of Police (SSP) Mohita Sharma told ANI.

The SSP further said that five teams have been formed to conduct the search operation in the dense forest area in and around the incident spot.

The Indian Army and State Disaster Response Force are also present at the site. Drones are also being used to search the forest area.

According to officials, the bus, en route from the Shiv Khori shrine to Katra, was targeted by terrorists at around 6.10 pm when it reached the Pouni area of Reasi district, bordering Rajouri district. ANI

Time for US to take extradition of terrorists Rana and Headley to India seriously

NEW DELHI: While both Washington and Ottawa take an aggressive stance on alleged Indian clandestine operations, are they equally committed to extraditing American and Canadian terrorists like David Coleman Headley and Tahawwur Rana? Or is there a deeper disregard for India's legitimate national security and criminal justice concerns?

India has recently become the focus of intense Western scrutiny, facing allegations from the United States and Canada, along with routine rhetorical accusations from Pakistani military officials, regarding its supposed involvement in eliminating terrorists in North America and Pakistan.

Raising a critical question: While both Washington and Ottawa take an aggressive stance on alleged Indian clandestine operations, are they equally committed to extraditing American and Canadian terrorists like David Coleman Headley and Tahawwur Rana?

Or is there a deeper disregard for

India's legitimate national security and criminal justice concerns?

Fifteen years have passed since the devastating 26/11 Mumbai attacks, a series of coordinated terrorist assaults that shocked the world. Meticulously orchestrated by Pakistan, ten terrorists from the

Fifteen years have passed since the devastating 26/11 Mumbai attacks, a series of coordinated terrorist assaults that shocked the world. Meticulously orchestrated by Pakistan, ten terrorists from the Pakistan-based group Lashkar-e-Taiba (LeT) crossed the Arabian Sea to unleash terror on Mumbai

Pakistan-based group Lashkar-e-Taiba (LeT) crossed the Arabian Sea to unleash terror on Mumbai.

The 60-hour siege that followed claimed 166 lives and injured over 300 civilians and security personnel, leaving an indelible mark on the city's history.

Central to the reconnaissance efforts

leading to these vicious terrorist attacks were David Coleman Headley a.k.a Daood Sayed Gilani, an American citizen of Pakistani origin, and Tahawwur Rana, a former Pakistan Army Captain and Canadian citizen.

Headley, who conducted extensive sur-

veillance and gathered crucial information on the targets, played a pivotal role in the planning and execution of the attacks. He made multiple trips to Mumbai and provided detailed videos and sketches of the locations to the attackers. IANS

For detailed story visit www.indiapost.com

The Consulate will remain open during all holidays (including Saturday/Sunday and other public holidays) from 2 pm to 4 pm to address emergency requirements of the general public w.e.f June 08, 2024.

2. In the context, it is advised that before coming to the Consulate for any emergency service, applicants should call the Consulate's emergency helpline number: +1 (415) 483-6629 to ascertain per-requisite of supporting documents for these services and to ensure that they fall in the category of emergency services, which cannot be postponed to the next working day of the Consulate.

3. It may please be noted that this facility is only for emergency requirements of travel documents such as Emergency Visa, Emergency Certificate (for travel to India on same day) and transportation of mortal remains being sent the same day. The applicant will be charged an emergency service fee for Emergency Visa, as has been the practice.

4. It is reiterated that this facility is for people with genuine emergencies and not for regular consular services.

COMMUNITY ACROSS AMERICA

22 India Post

www.indiapost.com

June 14, 2024



Community Supports Teresa Cox for Re-Election to Fremont City Council

RITU MAHESHWARI

India Post News Service

FREMONT, CA: Dr. Romesh Japra with his wife Sunita Japra held a grand Meet-n-Greet for Teresa Cox for Re-Election to Fremont City Council - Irvington District 6 with full house of over 200+ audience at Japra Mahal and Vineyards on June 2nd 2024. Ms. Cox previously served as Vice-Chair, Ohlone College Board of Trustees for 12 years; previously worked at the White House; and served on the Fremont Economic Advisory Commission serving with Dr. Japra.

On behalf of the Americans4Hindus, Dr. Japra, Founder/Chairman and Ritu Maheshwari, Vice-President endorsed Teresa Cox due to her civic leadership to advocate for unity and inclusivity, standing firmly against any form of prejudice or discrimination, recognized her commitment to not just



Fremont but to California and American communities. Dr. Japra stated, "Through her significant contributions and devoted service, Teresa has established herself as an exemplary leader and defender of the rights of all citizens and strengthening community bonds and upholding the values that define our nation is truly commendable. We trust in her ability to be a beacon of progress and inspiration for all

residents, making a positive difference in the lives of many."

Teresa Cox is the first African American elected to Fremont City Council in almost 65 years and the first African American female graduated with a degree in nuclear engineering in the USA. Teresa is also appointed by the last 3 US Presidents to serve at the US Department of Commerce's Export Council. Teresa is a proud mother of a

son David, and a daughter Jackie, who were raised in Fremont and are in college.

Fog Telugu Chairperson/ FOG Cultural Chair Jo Sharma and Arvind Kotha, FOG Telugu President under the leadership of Dr. Japra, Founder of FOG/ FIA endorsed Teresa and presented a custom drawn portrait of Teresa with US American flag.

Cont'd on page 30

Indo-American Senior Heritage and The Gujaratis of North America honor Mahesh & Usha Wadher with Lifetime Achievement Award

India Post News Service

NORWALK, CA: On Saturday, June 1, 2024, Indo-American Senior Heritage (IASH), in collaboration with The Gujaratis of North America (GONA Organization), proudly honored Mahesh and Usha Wadher of The Wadher Family Foundation with the prestigious Lifetime Achievement Award. The event at the Sanatan Dharma Temple Hall recognized their outstanding philanthropic contributions to global humanitarian efforts.

Over 550 guests attended

the ceremony, including numerous dignitaries such as Manubhai and Rikaben Shah, Suru and Arti Manek, Chatur and Kanak Patel, Nalini Solanki, Pramod and Kiran Mistry, Ramesh and Prafula Shah, Dolly and Jay Oza, Ghanshyamsinh and Gaytri Ba Zala, Drs. Jaswant and Meera Modi, Dr. Anil Shah, Naresh Solanki, Dr. Jaggi and Harsha Patel and, Shashi and Renuka Jogani.

Mahesh & Usha Wadher were accompanied by their daughter Amisha Kapadia and



Mahesh & Usha Wadher

granddaughter Amira Kapadia, who delivered a heartfelt speech about her grandfather. Their son, Sujay Wadher, along with his wife Margarita and their children Maya and Zen also attended. Sujay gave a beautiful speech in honor of his father.

The City of Cerritos Mayor, Naresh Solanki, presented a proclamation recognizing Mahesh and Usha Wadher for their lifelong dedication to humanitarian causes.

Cont'd on page 30

Enchanting Gulzarish show mesmerizes SoCal at The Encore Dinner Theatre

SHEETAL KULKARNI

TUSTIN, CA: The Encore Dinner Theatre was the epicenter of culture and artistry on the evening of May 4th, 2024, as it hosted the much-anticipated Gulzarish show for a consecutive year in Orange



County. This event celebrated the illustrious life and works of the legendary poet and lyricist Gulzar Ji, creating an unforgettable experience that seamlessly blended poetry, music, and artistic expression.

The choice of The Encore Dinner Theatre as the venue was nothing short of perfect. Its intimate and elegant setting enhanced the overall ambiance, making it an ideal backdrop for an evening dedicated to celebrating literary and artistic excellence. Attendees were greeted with the convenience of free parking, ensuring a hassle-free arrival and allowing them to fully embrace the evening's cultural immersion. Adding a touch of glamour to the evening, the red carpet experience allowed guests to capture cherished memories. The opportunity to pose for photographs on the red carpet and a multiple creative backdrops, added an extra layer of excitement, with these images serving as treasured mementos of an enchanting evening.

From the moment guests arrived, they were welcomed by enthusiastic young



volunteer ushers-children of the performing artists-the event exuded warmth and hospitality. The culinary offerings, meticulously prepared and served by Rangeen Calikitchen, were a feast for the senses.

Guests were welcomed with tea and a welcome drink and served hot samosas and pakoras at their tables during intermission. They indulged in a delectable array of appetizers, a sumptuous full-course dinner, and tantalizing desserts, all presented with exceptional grace and charm.

The heart of the evening lay in its extraordinary entertainment. The narrator wove a rich tapestry of Gulzar ji's poems, shayari, and idioms, skillfully interspersing these literary gems between performances. This narrative thread added depth and resonance, creating a profound connection with the audience. Attendees were captivated by a diverse range of performances-from classical pieces, live painting, live pottery to an innovative puppet dance, and an evocative old Bollywood segment-each act and each performer leaving an indelible mark on their hearts.

Cont'd on page 29

College Corps Student Finds Career Path in San Luis Obispo

SELEN OZTURK

When Ria Patel joined College Corps during her freshman year at Cuesta College in San Luis Obispo, she not only found her career path for helping people in need; she earned enough money to pay down her student debt.

"I came here from Arkansas to study psychology and applied to College Corps because I saw the housing and health access inequities and wanted to be part of the solution," Patel said. Now in her third year, she has worked in homeless shelters and health clinics while earning close to \$10,000 to pay off student loans.

#CaliforniansForAll College Corps helps over 3,000 students a year like Patel avoid student debt while earning up to \$10,000 for serving 450 hours with community based organizations in K-12 education, climate action or food insecurity fields. The program, launched in September 2022, will finish its second year in late 2024.

At the shelter where Patel worked, 40 Prado, Patel managed the intake line or coordinated six to ten recuperative care beds for those who were discharged from the hospital. In the evenings she helped serve about 250 meals, organize donations or coordinate 150 to 200 overnight beds.

"One of my favorite parts was the opportunity to meet people with all kinds of stories and backgrounds, and seeing someone who'd come in routinely for a year finally get housed and go on to bigger and better things," Patel said. "It was also the hardest part, when you've gotten to know and help someone closely, how easily things can go wrong through a health, family or drug

issue. It's a reality check."

This year, Patel has dedicated more of her Corps work to SLO Noor Foundation, a volunteer-based organization providing free medical, dental, vision and women's health clinics to uninsured adults in San Luis Obispo County and northern Santa Barbara County.

"Some of our patients are homeless with nowhere else to go, and all are uninsured. It's gratifying to be able to help someone who's fallen through the cracks regain their health," Patel continued. "Patient interaction is my favor-



Ria Patel

ite part, as with the shelter, and it reminds me why I want to pursue psychology and medicine in the first place."

Patel is preparing to transfer to San Diego State for her final two years to earn a bachelor's degree.

"I told my sister at San Jose State about College Corps, and she's applying in the coming year," she said. "I love this program. My time with it has shown me how fulfilling I find that combination of social psychology and individual care, and now I think I want to get a Master's and practice in the field myself."

#CaliforniansForAll
CollegeCorps



Non-profit DSNDP, teams up with City of Dublin Gov. in Alameda & Caltrans in Contra Costa Counties

The global non-profit organization Dr. Shri Nanasaheb Dharmadhikari Pratishthan (DSNDP), City of Dublin Government and the California Department of Transportation teamed up on Jun 8, 2024 for the 'People of the Parks' and 'Adopt-A-Road' event at Alameda and Contra Costa counties, California.

The event saw 7 volunteers gathered at Central Pkwy, Dublin, CA 94568 who persistently worked for 14 volunteer hours and spent the day collecting 2 bags of trash and for Livorna Rd, Alamo, CA 5 volunteers gathered who persistently worked for 10 volunteer hours and spent the day collecting 7 bags of trash. The day was part of the DSNDP's nationwide Cleanliness Drive.

Earlier in California, the organization also carried out other cleanliness activities such as Adopt -a Romp, Adopt-a-Highway, Adopt-a-Beach etc. Across 10 cities involving a total of 248 volunteers who worked for around 499 volunteer hours, collected 337 bags of waste resulting in approx. 5055 pounds of trash.



FBI data shows spike in scams targeting older adults - Monolingual Chinese at high risk

VIDYA SETHURAMAN
India Post News Service

Ethnic Minority Media (EMS) recently held a press conference to report on the recent surge in scams targeting Chinese elders in the Bay Area. According to data provided by the Federal Bureau of Investigation (FBI), the average loss for each elderly victim reaches \$33,000. Beyond the financial toll, targets of scams can lose independence, and suffer reduced quality of life and poor health outcomes. Scams targeting Bay Area monolingual Chinese have had

ment fraud. This kind of "investment scam" usually starts with an email, phone call or text message from a stranger, and it may be about any form of investment. Cryptocurrency fraud, romance fraud or fake identity fraud are currently more common in the Bay Area. In impersonation fraud, the scammer may pretend to be a member of the U.S. government or a member of the Chinese consulate. Tripp pointed out that the criminal gangs behind these scams are very organized. These scammers are very professional, work full-time to defraud, have

This kind of "investment scam" usually starts with an email, phone call or text message from a stranger, and it may be about any form of investment. Cryptocurrency fraud, romance fraud or fake identity fraud are currently more common in the Bay Area

devastating consequences.

Robert K. Tripp, Special Agent in Charge, San Francisco Field Office, FBI said that in the past year, scam victims over the age of 60 in the United States lost a total of \$3.4 billion, with California accounting for the highest proportion. . There are more than 20 ways to commit fraud. One scam that is very common in the Bay Area is "invest-

technical support, and are very good at psychological manipulation. Tripp warned to be alert to emails, phone calls or text messages from strangers. Real companies and individuals will not send emails, phone calls or text messages to ask for money without any reason. His advice is that if you don't understand something, don't be pressured to pay; you can say no and slow things down.s



Blood Drive Vedic Dharma Samaj Fremont Hindu Temple

Saraswathi Hall
3676 Delaware Dr
Fremont, CA 94538

Saturday, July 6, 2024
8:00 a.m. to 2:00 p.m.



To advertise in
India Post for
SOUTHERN CALIFORNIA
please contact
RIYAZ KHAN: (562) 881- 5342
or Email: riyaz@indiapost.com

How Medi-Cal is expanding maternal health care?

VIDYA SETHURAMAN
India Post News Service

The United States, including California, is currently facing a medical crisis in maternal care. Relevant data shows that 80% of maternal deaths or diseases are preventable. It is best to identify warning signs at an early stage rather than waiting until a crisis strikes before going to the emergency room. As the Department of Health Care Services (DHCS) continues to transform Medi-Cal, it is expanding access to maternal health through doula services, a birthing care pathway for members from conception through 12 months postpartum, parent-child dyadic care, and other benefits for pregnant members, including some over the Medi-Cal income limit. Doulas are essential to closing racial and ethnic disparities in outcomes for Black, American Indian, Latino, and Asian American and Pacific Islander parents and infants, as doula care can help improve birth outcomes and reduce C-sections, epidurals, premature deliveries, low birth weight, anxiety, and labor length.

At the EMS briefing on June 4, a

DHCS leader and two doula-community health care providers shared how Medi-Cal maternal health programs are helping families and babies live healthier lives through and well beyond conception. Medi-Cal, California's Medicaid program, covers one in three Californians or 15 million, including 1.3 million children. Medi-Cal coverage includes expanded services, like doula visits, to go well beyond the doctor's office or hospital to meet all of

a member's physical and mental health needs. They visit patients twice in postpartum to discuss the birth, provide a meal, answer questions about nutrition and newborn care, and help with breastfeeding.

Medi-Cal, California's Medicaid program, covers one in three Californians or 15 million, including 1.3 million children.

Medi-Cal coverage includes expanded services, like doula visits, to go well beyond the doctor's office or hospital to meet all of a member's physical and mental health needs

Erica Holmes, Chief, Benefits Divi-

on, Department of Health Care Services (DHCS) said that in addition to some traditional maternal benefits (such as prenatal care, ultrasound, etc.), California Medicaid sonograms and inpatient care), also covers doula and midwife care and supports the racial, ethnic, linguistic and cultural diversity needs of medical staff. Doulas can provide emotional and physical support to pregnant women, with services including prenatal and postpartum, deliv-

ery, newborn and infant care guidance, health navigation, evidence-based education, and more. Medi-Cal members don't need any doctor's recommendation to get the service, and California has the highest reimbursement for doula services in the country.

Kairis Chiaji, Medi-Cal doula provider founder of the "Children of the Sun" doula project, has been working as a doula for more than 25 years. She said that doula services are equivalent to personal training for pregnant women so that they know how to care. For example, they can pay attention to whether new mothers have postpartum depression after giving birth signs, and caring for your baby after delivery. According to data, doula services can effectively support people who have given birth, have abortions, or miscarriage, and can provide support even one year after delivery. Women are often more vulnerable one year after delivery, and such services can effectively improve their health conditions.



Little DHAKA
www.thelittledhaka.com



**DELICIOUS FOOD AS GOOD AS HOME MADE AUTHENTIC BENGALI SWEETS:
RASGOLA, CHOM-CHOM, SANDESH & SWEET YOGURT**

TRY OUR ROHU FISH (CLEANDED & CUT)

18159 Pioneer Blvd, Artesia, CA 90701, United States, Ph. 562 348 0008

Sky River Casino announces and outlines expansion plans as it continues to set new standards of excellence in industry

Already home to gaming, entertainment, 18 elevated restaurants and bars, Sky River will expand to offer a hotel, day spa, pool, event space, and more

ELK GROVE, CA.: Today, Wilton Rancheria and their partner Boyd Gaming Corporation formally announced and outlined exciting expansion plans for the Sky River Casino, which first opened on August 15, 2022. Conveniently located just off Highway 99 in Elk Grove, future expansion plans for Sky River Casino include an expanded gaming floor, additional High Limit room, a 300-room state-of-the-art hotel, luxurious spa, spectacular outdoor pool, and an innovative meeting, event and entertainment space. As an architectural highlight, a dramatic hotel atrium ceiling will allow for breathtaking views of the sky above - one of many features that pay tribute to the Tribe's close connection to nature.

With work planned to begin on a new parking structure this year, the ambitious expansion plans will roll out in two construction phases as outlined below:

- Phase 1 Expansion Plans
- Multi-story, 1,600 space parking garage
 - Enhanced Valet service area and new Porte Cochere
- Phase 2 Expansion Plans
- 300-room state-of-the-art hotel
 - Outdoor pool
 - Day spa
 - Multi-use event and entertainment space
 - 400 additional slot gaming options
 - Additional, elevated High Limit and VIP gaming area

While timing is subject to change based on construction, availability of materials, and, weather-related variables, Phase I is expected to be completed by summer 2025 and Phase 2 by early 2027.

"We are very proud of what we have created - and continue to imagine - at Sky River Casino," said Jesus Tarango, Wilton Rancheria Chairman. "With these expansion plans now firmly in process, the future is even brighter for the Elk Grove community, greater Sacramento area, and for generations of Wilton Rancheria people, the only federally recognized Tribe in Sacramento County. I want to thank the Tribal Elders and citizens of Wilton Rancheria for their support. We would also like to gratefully acknowledge the invaluable support extended by the City of Elk Grove, Sacramento County, and our state leaders, along with the incredible reception by an amazing and welcoming Northern California community."

Wilton Rancheria currently possesses nearly 140 acres of land, including Sky River Casino and the parcels surrounding it. This includes 77 acres of the Tribe's



traditional Rancheria land, which was recently put into federal trust with plans to develop Tribal services and preserve its great cultural legacy.

"These expansion plans for Sky River will continue to set new standards of excellence for casino experiences not only in the Sacramento area but throughout Northern California and beyond," said Sky River Casino President Michael J. Facenda. "Once we have a world class hotel, event space and other highly desirable amenities, we will offer a destination of appeal to guests who will travel in search of elevated experiences that are highlighted by lively gaming and entertainment, amazing culinary options, upscale overnight accommodations, and relaxing environments."

Currently, Sky River Casino employs approximately 1,600 team members (more than half of whom are Charter



Team Members who have been with Sky River since before doors opened nearly two years ago). With these expansion plans, approximately 200 new job opportunities will be created to accommodate the new offerings, amenities, and experiences.

For more information about Sky River Casino and its offerings, please call 916-866-0200 or visit www.SkyRiver.com. For more information about Wilton

Rancheria, please visit www.WiltonRancheria-nsn.gov.

About Sky River Casino
Sky River Casino was built by Wilton Rancheria in partnership with Boyd Gaming Corporation, which is managing the property for the tribe. The casino opened in August 2022 and includes 100,000 sq ft of gaming, 2,100 slot machines, 80 table games, and 18 elevated restaurants, bars, and lounge destinations. To learn more, visit www.SkyRiver.com.

About Wilton Rancheria
Wilton Rancheria is proud to be the Capitol Tribe with its home in Sacramento County. The Tribe's government is divided into four separate branches: a General Council, comprised of all voting members; the Office of the Chair and Vice-Chair, which administers all Tribal



departments and programs; the Tribal Council, which enacts legislation and oversees the budget; and the Tribal Court, which hears all cases and controversies under the Tribe's jurisdiction. To learn more, visit www.WiltonRancheria-nsn.gov.

Wilton Rancheria Backgrounder

About Us

- Wilton Rancheria, the only federally recognized tribe in Sacramento County, is proud to be California's Capital Tribe.
- Wilton Rancheria citizens are primarily Miwok and Nisenan people, descendants of the Penutian linguistic family.
- As a federally recognized Tribe, Wilton Rancheria is a sovereign nation. This important distinction affords Tribes a Nation-to-Nation relationship with the Federal government.

History

- The ancestors of Wilton Rancheria have occupied this region since time immemorial.
- Wilton Rancheria was first established in 1928, which put 38.77 acres of land in to trust in Wilton, California.
- The Rancheria Act of 1958 terminated federal trust responsibilities to 41 California Indian Tribes, including Wilton Rancheria. As a result, the Tribe lost its Federal Recognition in 1964.
- Following a hard-fought legal battle led by Tribal Elders, the Tribe's federal status was restored on June 8, 2009. The Tribe recognizes this date as an annual holiday.
- In November 2011, the Tribe adopted its modern Constitution, and has worked diligently to implement and develop its Tribal government.

Present

- Wilton Rancheria currently has over 1000 citizens, with 62% of the Tribe living in Sacramento County.
- 40% of citizens are under 18 years old, and 60% of Tribal youth attend the Elk Grove Unified School District.
- The Tribe's government is divided into four separate branches: a General Council, comprised of all voting citizens; the Office of the Chair and Vice-Chair, which administers all Tribal departments and programs; the Tribal Council, which enacts legislation and oversees the budget; and the Tribal Court, which hears all cases and controversies under the Tribe's jurisdiction.
- After placing 36 acres of land into trust in 2017, Wilton Rancheria proudly opened Sky River Casino in August 2022. The Casino currently employs over 1600 people and has become one of the largest economic drivers in the region.

Shree Lalita Rudra Trishati Initiation Shivir held by Shivalaya Temple, Boston

India Post News Service

The Shivalaya Temple of Greater Boston, Medford, MA hosted Shree Lalita Rudra Trishati Initiation Shivir graced by subtle presence of Shivayog Master Ishan Shivanand on 8 Jun 2024 from 4:30pm to 7:00pm. More than hundred devotees attended the program and chanted Shree Lalita Rudra Trishati with much devotion and spiritual zeal.

Shree Lalita Rudra Trishati Sadhana is a sacred practice in Shivayog, a spiritual tradition rooted in the teachings of Lord Shiva. This practice involves chanting the 300 Beej Mantras



of Goddess Lalita Trishati and Rudra Trishati for a plethora of benefits for overall well-being, spiritual and material growth. It is believed that this ritual frees from troubles, misfortunes, illnesses, and provides wealth, longevity, success and good progeny. Shree Lalita Rudra Homam bestows all that is

needed in life. The mantras are divine gifts from heaven that sing praises of Goddess Lalita, which was revealed by Lord Hayagriva. The Rudra Trishati Archana holds significant spiritual importance, believed to bestow a range of benefits such as protection, purification, healing, and spiritual growth. The mantra

of Lalita Sahasranamam is so powerful that it will make your life prosperous, free you all from poverty, relieve mental stress. Ishan Shivanand Ji is the Acharya from ShivYoga Lineage initiating sadhaks into this sacred Sadhana for health, happiness, success and prosperity. A renowned Indian philosopher and theologian named Adi Shankar Acharya wrote commentary or explanation of the Lalita Trishati.

All the devotees were given a Shree Lalita Rudra Mantra booklet and a Beej Mantra leaflet to chant. The program started with The Rudra Trishati Archana and chanting of Lalita Sahasranamam along with Dr. Audhoot Shivanand Acharya Ishan Shivanand. The sounds of mantras elicited a vi-

bration in our body and the temple shrine was filled with positive vibration and spiritual atmosphere. Mantra is believed to attract positive energy and abundance for sadhaks. After Maha Mangal Aarati, all the devotees were served with sumptuous Maha Prasadam.



Vikas Sethi thanked Acharya Ji for holding this enlightening Shivir and sponsors of the Shivir. He also thanked all devotees for their active participation. Vijay Sethi Ji led the program and Maha Prasadam distribution. Sudarshan Sharma Ji his team managed the program diligently.

Sky River Casino announces and outlines expansion plans...

Cont'd from page 26

Contact

• For more information on Wilton Rancheria, you can visit www.wiltonrancheria-nsn.gov or email media@wiltonrancheria-nsn.gov.

"Project Eagle" Expansion Announcement Event Speaker Bios

Chairman **Jesus G. Tarango Jr.** was born and raised in Sacramento, California, his traditional homeland as a Miwok / Nisenan tribal member. Jesus' political career took hold in 2016 when he was first elected to Wilton's Tribal Council, where he swiftly made a name for himself as an unbiased and for the people council member. His demand for transparency earned him the position of Tribal Council Spokesperson only months after being elected, which followed with his election to Vice-Chairman in 2018. Only 2 years later would he win Wilton's tribal election as the youngest appointed Chairman.

Vice-Chairwoman **Raquel Williams'** political career took hold in 2020 when elected to Wilton Rancheria's Tribal Council followed by being elected as Vice-Chairwoman in 2022. She has been involved in her culture, ceremonies, and celebrations from a young age. Her love for her family, people, and culture is evident in all aspects of her life. Vice-Chairwoman Williams believes "We are people of language, ceremony, traditional arts, and hard work. It is crucial that as Tribal people we honor where we come from, so ultimately, we have a clear vision of where we are going!"

**



As President and Chief Executive Officer of Boyd Gaming Corporation, **Keith Smith** leads one of the largest and most successful casino entertainment companies in the United States.

An industry veteran with more than 30 years of gaming experience, Smith first joined Boyd Gaming Corporation in 1990. He was promoted to Executive Vice President of Operations in 1998, Chief Operating Officer in 2001 and President in 2005. In January 2008, Smith was named Chief

Executive Officer of Boyd Gaming. Smith has also been a member of the Company's Board of Directors since April 2005.

As CEO, Smith successfully navigated Boyd Gaming through the global financial crisis and its aftermath before leading the Company through a period of rapid growth and diversification. During this period, Smith significantly strengthened the Company's balance sheet and positioned the Company for growth through successful acquisitions.

Michael Facenda was named President of Sky River Casino in 2023. Joined with 35+ years of experience in the gaming industry with an extensive background in Operations and Marketing, he has held numerous leadership positions in the gaming industry including Assistant General Manager, Vice President & General Manager, and most recently as Senior Vice President & General Manager of Agua Caliente's Cathedral City property in Southern California. Facenda was also a member of the Borgata Hotel Casino & Spa development and opening team in Atlantic City.

MIRACLE PARALEGAL & NOTARY


The Legal Documents Made Right!




17777 Center Court Drive N, Suite 600, Cerritos, CA 90703
www.miracleparalegal.com

Immigration, Family Law- Divorce, Living Trust, Real Estate, OCI, Visa Services

Contact us to prepare over 200 common legal and business documents.

MAYUR SHAH
MBA, LL.B, PARALEGAL, NOTARY
CALL: 562-896-6345
mayur@miracleparalegal.com



Consulate General of India, San Francisco, celebrating the 10th International Day of Yoga: Empowering Women through Yoga

SAN FRANCISCO, CA: The 10th International Day of Yoga (IDY) on June 21, 2024. This year's theme,

"Women's Empowerment," highlights yoga's transformative power in enhancing women's physical, mental, and emotional well-being.

Yoga, a five-thousand-year-old tradition from ancient India, harmonizes the body, mind, and nature through physical, mental, and spiritual pursuits. Recogniz-

ing its global health benefits, the United Nations General Assembly declared June 21st as the International Day of Yoga following a call by the Prime Minister of India, Shri Narendra Modi, in September 2014.

To mark this day and promote awareness about the health benefits of yoga, the Consulate General of India, San Francisco is organizing Yoga Events in various cities under its consular jurisdiction in collaboration with local authorities and Indian associations. These events will provide participants the opportunity to experience yoga's holistic benefits and celebrate this ancient practice from India.

In addition, a virtual kickoff event was

held in collaboration with The Art of Living on June 7th, 2024, from 4:00 PM to 4:45 PM Pacific Time.

Event Highlights: Yoga sessions led by experienced instructors, Discussions on yoga's benefits for women's empowerment and Cultural performances.

The Consulate General of India, San Francisco, warmly invites everyone to join these events and experience yoga's myriad benefits. These celebrations aim to unite diverse communities and promote harmony and well-being.

For more information on 10th IDY celebrations in, kindly visit the

Website: <https://www.cgisf.gov.in/>

Facebook: <https://www.facebook.com/IndianSanFrancisco>



Schumer at India Cricket World Cup Match over the weekend



"So much fun to watch the India-Pakistan Cricket World Cup match on Long Island!"-U.S. Senator Chuck Schumer

Ragi and Milk Porridge

MADHUMATI TYAGI

Ragi (Finger millet) porridge is also known as Ragi Java or Ragi Malt. Ragi is gaining popularity in the recent times because it is a super/miracle food for people of all ages from infants to elderly people considering its richness in calcium, iron, soluble fiber & vitamin D. It is one of the healthiest foods to include in your regular diet.



Ragi porridge is a healthy dish generally made with finger millet flour, water and Jaggery to get instant energy in the morning. Soaked and ground Ragi seeds or Ragi flour are also used to make Ragi Recipes like Ragi Idli, Ragi Dosa, Ragi Roti and Ragi Mudde.

Ingredients:

- 2 tbsp Ragi flour
- 1 cup milk/water
- 1 tbsp crushed almonds
- 2 tsp cardamom powder
- 1/2 tsp honey/Jaggery (you can also make a spicy porridge)

Method:

- In a pan, warm the milk/water on medium flame.
- Lower the temperature and add the Ragi flour, cardamom powder along with crushed almonds, stirring constantly to avoid lumps.
- Switch off the stove and set it aside.
- Add honey/Jaggery/Spices as per required taste.
- Consume the Ragi and milk porridge or other Ragi dishes for breakfast, to pacify IBS and soothe the tummy.

Ragi In Ayurveda

MADHUMATI TYAGI AND SUNIL KUMAR D.

Ragi is an age-old nutrient-dense crop that gained prominent place in the agrarian scenario and food culture in several ancient civilizations. Its therapeutic applications are also of incredible greatness in Ayurveda - the ancient Indian system of medicine in the world. The earliest Ayurvedic scriptures praise the healing potentialities of ragi in successfully curing hypertension or high blood pressure, averting cancer, treating depression and remedying liver disorders.

Enchanting Gulzarish show mesmerizes SoCal at The Encore Dinner Theatre

Cont'd from page 23

The table decor and overall ambiance of the venue were thoughtfully curated by Marigold events, to reflect the poetic essence of Gulzar ji's work. Every detail, from the elegant settings to the harmonious ambiance, transported attendees into a world of beauty and inspiration, perfectly complementing the artistic performances.

The meticulous planning and disciplined execution of the event were evident in its smooth flow and punctuality. Attendees appreciated the seamless organization,



which allowed them to fully immerse themselves in the experience without any disruptions. Kudos to creative geniuses Prashant Sarnaik and Sheetal Kulkarni, along with Jaydeep & Bhuvana, the management, tech and finance team.

Seema Arora Realty, Revati & Manoj Kalra Realty, Saahas for Cause, Kola Hotels - Pravin Patel, Aries by Priyanka Dujari were few of the major sponsors and supporters of the event along with many other small business owners stepping forward to sponsor the event.

In conclusion, the Gulzarish show at The Encore Dinner Theatre was a masterful celebration of Gulzar ji's legacy. By uniting poetry, music, and art, the event touched the hearts and souls of all who attended. The evening's warm hospitality, captivating performances, and elegant ambiance collectively paid homage to the enduring power of Gulzar ji's artistry, leaving an indelible impression on everyone present. At the same time the show also created a platform for artists in North America and like each time have vowed to support various non-profits.

Traditionally, it has been given to mothers of young toddlers in South India, as it is a nutritious staple food. In fact, many parents give it to infants as their first solid meal. Such are the health benefits of this millet.

Ragi grows in arid regions and known as the poor man's grain, the ragi crop requires very little water. This makes it ideal for growing in many parts of the world.

Source of Calcium: About 344 mg of calcium per 100 gm of Ragi. Best for aging women and growing Children

Rich in protein: About 6-8 percent protein content, Best for vegan and vegetarian diet.

Full of iron: A good source of iron for vegetarians and anemic people

Gluten-free: It is safe to consume on regular basis

Good for weight-loss and diabetes: Contains only 1-2 percent fats, Therefore helps regulate blood glucose levels and weight loss.






Easy to digest: High in dietary fiber about 15-20 percent, low in unsaturated fat and free from gluten. This is why it is given to babies as a first meal.

Lowers cholesterol: Ragi also helps lower bad cholesterol levels.

High potassium content: High levels of potassium - 408 mg per 100 gm of ragi.

Various amino acids: It has essential amino acids - isoleucine, leonine, methionine, and phenylalanine

For detailed story visit www.indiapost.com



Consulate General of India, San Francisco,


in collaboration with

heartfulness
advancing in love

Invites you to celebrate 10th International Day of Yoga




Yoga for Vasudhaiva Kutumbakam

Saturday, June 22, 8:30 AM: Yoga and Meditation



for unity & wellbeing

Supported by



Festival of Globe / Association of State Bank of India

Federation of Indo Indo Americans (California)

Americans

Connecting Humanity - Inner Peace to World Peace

Saturday, June 22, 3:00 PM: Panel Discussion and Musical Evening

Click to register


Saturday, June 22nd, 2024

Heartfulness Institute

585 Mowry avenue, Fremont

HFN.ii/heartfulnessyoga

heartfulness.us/events/



Scan and register to attend

Community Supports Teresa Cox for Re-Election to Fremont City Council

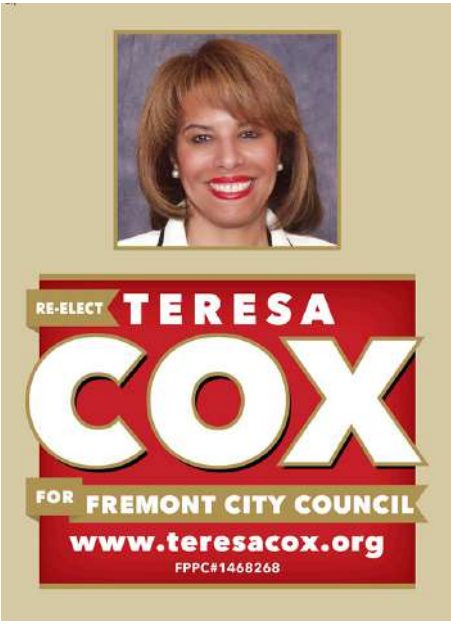


Cont'd from page 22

Angela Tirado, Voice of the Bay Area sang "Star Spangled Banner" and "We Are Irvington".

Teresa received additional endorsements including but not limited to: Alex Gregory, President, Fremont Police Association with Jamil Roberts, PAC Chair; Douglas Hollie, President, NFL

Players Association; Artif Khatib, Chair, FOG Sports Hall of Fame; Brian Werner, Business Rep and Greg Bonato, President representing the Alameda County Building Trade Coun-



cil with 28 different trade groups; Sunnyvale Mayor Larry Klein and Councilmember Murali Srinivasan; Emeryville Mayor Courtney Welch; Vincent McDowell, President, Alpha Phi Alpha Fraternity; Kishan Nair, President, Association Student Government,

Ohlone College; Derek Grasty, President, Mt. Pleasant School District and 100 Black Men; Osh Ahmad, President, Fremont Firefighters Local 1689; Upinder Gupta, Albert Tsui, Barbara Smith of Fremont Neighborhood Block Captains.

Indo-American Senior Heritage and The Gujaratis of North America honor Mahesh & Usha Wadher with Lifetime Achievement Award

Cont'd from page 22

Manubhai and Rikaben Shah delivered a moving speech, and Dr. Nitin Shah gave a touching presentation on the past, present, and future contributions of Mahesh and Usha Wadher.

The event featured Sanjay Garodia's entertaining drama "Be Adhi Khichdi Kadhi," followed by a delicious dinner enjoyed by all attendees. The evening was a resounding success, filled with joy and celebration, highlighting the Wadher family's enduring legacy of service to humanity.

This program was conducted by Jagdish Purohit and supported by Rasik Patel of IASH.



Mahesh and Usha Wadher with the members of the Indo-American Senior Heritage (IASH)

Mudumalai National Park is a part of the Mudumalai Wildlife Sanctuary, located at a distance of 150 kilometers from Coimbatore, in the Nilgiri District of Tamil Nadu. It connects the Western Ghats to the Eastern Ghats and owes its popularity to the fact that it's home to many vulnerable and endangered animal and bird species.

The neighboring states of Kerala and Karnataka both have their borders adjacent to the park. The Ooty-Mysore highway passes through the forest, curving around the Moyar River, which separates Mudumalai and the Bandipur National Park. UNESCO is presently considering Mudumalai for declaration as a world heritage site. The 6,000 square kilometer area under consideration comprises of the Western Ghats in Nilgiri, encompassing all of Mudumalai National Park.

Mudumalai is best known for its beautiful landscape of the blue skies complimenting the Nilgiri Hills owning the similar tint and surrounding hills and the Mudumalai National Park, which houses many species of animals and birds. Bird watching is an interesting activity here as fine bird specimens flock this area quite often.

THINGS TO DO IN MUDUMALAI NATIONAL PARK

Mudumalai National Park: It was established way back in 1940 and was the first national park of Southern India. You can expect to see a variety of animals here including tigers, leopards, striped hyenas, dholes, sloth bears, Asian elephants, and Golden Jackals.

The crested hawk-eagle, the crested serpent eagle, the Malabar Trojan, and

the Malabar grey hornbill are also spotted here and hence many bird watchers flock to Mudumalai National Park.

The Jungle Safari: A wonderful opportunity to see the wild up close and personal. The safari allows visitors to view various animals in their natural habitat. The safari can be on a jeep or a van.

There is only one jeep that accommodates 6 people and can be caught only on first come first serve basis. The vans run regularly. Another option is the elephant safari, which is another experience all together. The elephants tramp on to the area, which are inaccessible to normal vehicles.

Theppakadu Elephant Camp:

Even though similar activities were carried out in this are since 1910 or even before, the 'camp' was officially established in 1972! The camp provides visitors with the wonderful experience of interacting with the elephants - bathing them, feeding them, etc.

The camp houses well-trained elephants and hence there is minimum risk attached.

Best time to visit Mudumalai National Park

December to June is the best period to visit Mudumalai. Monsoons offer moderate rainfall while summers a greater chance to spot tigers. The weather during winters is delightful while the whole place is covered in lush greenery.

How to reach Mudumalai National Park

The nearest international airport is located in Coimbatore, around 127 km away from Mudumalai. The airport is well connected to major places in India like Bhubaneshwar, Hyderabad, Mumbai, Delhi, Chennai, Kolkata, Pune, Ahmedabad, etc. Taxis are easily available for hire from the airport. www.holidify.com

Mudumalai National Park


"AN EXOTIC SIDE OF INDIA'S FAUNA"






Your Weekly Future

by **VANEET SHARMA** ● JUNE 14TH to JUNE 20TH 2024


ARIES


MAR 21 to APRIL 20

The planetary transit indicates that you shall enjoy good harmony and understanding with your partners and spouse. Love life shall be perfect. Your artistic abilities shall get displayed. You shall be participating in some social activity in this week. The health won't remain good on last two days of the week or else you might suffer from problems related to mood swings however, this time can be utilized for going on journeys.


CANCER

JUN 21 to JULY 22

Planetary transit indicates few tensions on the first two days of the week however; domestic atmosphere shall be fully pleasing. The remaining part of the week indicates good luck and travel with progress in work area but 18th, 19th & 20th June are bad for health, happiness and decision making. You are likely to take interest not only in entertainment activities but also plan to flourish your business by some speculative activities.


LIBRA


SEP 23 to OCT 22

The beginning of the week shall be excellent for your domestic happiness but some mental tensions shall also be there. You would consolidate your relations with your kith and kin. In the mid of the week you shall get relief from mental stress. Apart from this there won't be any element of melancholy. You shall start recovering from your problems and children related worries would also come to an end fully.


CAPRICORN


DEC 22 to JAN 19

The planetary transit in the beginning of the week is showing lack of focus, carefree attitude, increased expenses, gains from outer connections and some extra expenses on get together, parties and journeys. You shall work with carefree approach and that shall help you do better to fight with your difficulties and tensions with full strength. From 17th June you shall start regaining focus and the expenses shall also be controlled.


TAURUS


APRIL 21 to MAY 20

The circumstances and situations in the beginning of the week shall make you feel slightly low and depressed. You shall start feeling better from 17th June. You are likely to earn recognition for your work and there onwards there shall be continuous improvement in work area. By the end of the week you shall be able to accomplish desired tasks. You are advised to take proper care of your health and financial transactions.


LEO


JULY 23 to AUG 22

This week shall be excellent in all respects. In the beginning of the week you shall get good results in areas like education and emotional relations. You shall be getting tremendous public support for getting your tasks accomplished. You shall do well in competition also. Apart from that speculative activities might bring in gains. The 19th and 20th June is favorable for getting support of partners and spouse. Last two days are bad for decision making and happiness.


SCORPIO


OCT 23 to NOV 22

In this week in spite of your increased expenses and financial issues you shall enjoy life as you shall be able to get tremendous support from family. You would remain careless in the beginning of the week but in the mid of the week you shall become fully focused and personality conscious. Your health conditions shall remain average. The last days of the week are excellent for some happiness from children.


ACQUARIUS


JAN 20 to FEB 19

You are destined to earn lot of respect and recognition along with tremendous support of seniors because of your administrative skills. Your brightness and success is shining in the graph of success especially at work place. You shall be having some hidden talent which would help you do better from the beginning of the week. Although you are a slow starter but you don't take much time in catching the pace after you get to know the success formula.


GEMINI


MAY 21 to JUN 20

You shall be getting mixed results in the first half of the week. Although support of spouse and partners shall be available but financially ups and downs are indicated which might give more tensions. You are advised to be more cautious on first two days of the week as you are likely to spoil your state of mind and happiness by getting into unnecessary arguments out of frustration. The increased stress and trivial health related tensions are also indicated in first half of the week.


VIRGO


AUG 23 to SEP 22

This week shall prove to be excellent for all areas of life and you shall be focusing on your personality development. You shall leave no stone unturned in taking care of your family, relatives, friends and social life. Your confidence level shall be at its maximum. In this whole week you shall remain very busy in settling your issues and fortunately you shall be able to accomplish all tasks and probably nothing planned shall remain pending.


SAGITTARIUS

NOV 23 to DEC 21

There shall be restoration of confidence and immunity in the beginning of the week. Your expenses shall be uncontrolled and you shall spend quality time with your family members, friends and relatives in this week. Instead of making investment it shall be better to focus on planning and developing connections with political people as certainly this action of yours shall give good results for the rectification of issues related to arrangement of funds.


PISCES

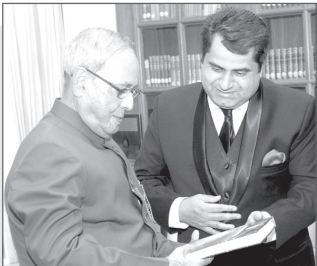
FEB 20 to MAR 20

There shall be more stability in work area from the beginning of the week and the mid of the week shall be good to earn more gains too and the obstacles shall also not affect much after the mid of the week. You would be getting better favor of destiny as compared to previous week. There might remain some fatigue in the first two days however full indications of revitalization are indicated from 18th June

Kindly read the predictions from your ascendant sign. If you do not know your ascendant sign then read the same from Moon sign. If Moon sign is also not known then read it from the Zodiac sign. The ascendant sign which is calculated from the birth details viz. date, month, year, time & place of birth gives 85 % accurate predictions. The accuracy of predictions from Moon sign get limited to only 50 %. The predictions from Zodiac sign are only 25 % accurate. In nutshell the predictions from ascendant sign are most accurate. In getting personality analysis the traits given by ascendant sign are 100 % accurate and that is the essence of Vedic Astrology.

VANEET SHARMA
510-648-4899

"Felicited and honored by then President of India Shri Pranab Mukherjee"



Philosophy

GANGAJI (TONI ROBERSON)

Papaji was a householder. He had a job and a family. He had to spend time speaking. One of the benefits of his being a householder is that he had to find the reality of absolute silence within the interplay of relative noise and relative silence. It is a benefit to us that he made this discovery.

One of the most important moments in my time with Papaji was a day when he took us to the market in Haridwar. Indian markets, similar to markets everywhere, are noisy places. They are centers of activity with all types of people shouting or singing or begging people to buy their goods. Added to the noise and the smells was the enervating heat of midday.

Earlier that morning we had been sitting peacefully in his small rooms by the river. While at the hot market I had thoughts of wanting to be back in the peace of his rooms with the cooling breeze of the river and the only sound being the whap, whap of the ceiling fan.

The student might respond, 'I can't stop my thoughts.' Then Papaji would direct, 'Follow that thought all the way back from whence it came. First the "I" falls back, then the "can't," then the "stop," then the "my," then the "thoughts" . . . What is left now?'

In the luminous open mind, free of the thought that disappeared when followed back rather than chased forward into the ten thousand thoughts, the student's face would be filled with wonder.

Papaji would finish with: 'Now, tell me, who are you?'

Suffering

We have tried everything to get rid of suffering. We have gone everywhere to get rid of suffering. We have bought everything to get rid of it. We have ingested everything to get rid of it. Finally, when one has tried enough, there arises the possibility of spiritual maturity with the willingness to stop the futile attempt to get rid of it and, instead, to actually experience suffering.

In that momentous instant, there is the



Gangaji (Toni Roberson)

Note the silence
beneath the noise
Stop the futile attempt to get rid
of suffering and, instead, actually
experience suffering

After internally complaining for a moment or two, I looked up and happened to catch his eye. With startling clarity I seemed to hear him say, 'Here too.' In wonder and bliss, the silence underneath the noise was suddenly obvious.

'Underneath the noise' is not precisely correct, but at the time it appeared that way. Later I realized that whatever the noise level, I am here also, and I am silence itself.

Whether listening to Papaji deliver a dharma discourse, hearing him tell a teaching story or some story from his earlier life, going shopping with him for vegetables for the evening meal, or sitting simply in his rooms, each moment was an invitation to silence. Each word was pointing back to and bringing the news of its silent origin.

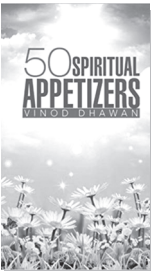
Papaji would sometimes spend time with a student carefully directing him to follow a thought back into the empty, open space it had come from. He would ask the student to choose any thought and speak it out loud.

realization of that which is beyond suffering, of that which is untouched by suffering. There is the realization of who one truly is. Trust yourself. At the root, at the core, there is pure sanity, pure openness. Don't trust what you have been taught, what you think, what you believe, what you hope. Deeper than that, trust the silence of your being.

Excerpted from 'Hidden Treasure -- Uncovering the Truth in Your Life'. The 82nd birthanniversary of Gangaji was observed on June 11

50 SPIRITUAL APPETIZERS

Vinod Dhawan



"It's a lovely book. It feels energetically clear and light. It's easy to read, dip in and out and most importantly it offers information without fluff! Blessings on this project."

Jac O'Keeffe

Spirituality teacher based in USA.

Available on AMAZON, FLIPKART

Politics and governance in post-election India: Will a new coalition government deliver?

COL KL VISWANATHAN (RETD.)

India is the largest democracy in the world. The sheer magnitude of the electoral processes in this federal nation has been a cause of wonder to the world, with elections to some or the other legislature taking place almost throughout the year, so to speak, somewhere in the nation. Probably this is the reason why the nation is also known as a laggard democracy in the economic world. The reason is simple to see; the system of perpetual electoral processes precludes the ability of the governments to implement meaningful policies in time. The apathy is compounded, it may appear, when the administration of a nation is managed by a coalition government.

In a democracy, coalition governments are usually formed when no party secures an absolute majority in the nation's parlia-

ment or legislative body after an election. This is usually not necessary in countries with majoritarian electoral systems. Coalition governments are more common in countries with systems where citizens vote for political parties instead of individual candidates. Although the formation of a coalition government reduces the dominance of any single political party, power is one of the main motivations parties have for forming a coalition government. Despite having to compromise on policies, a political party would rather have some power than none at all. Furthermore, coalition-based systems encourage the diffusion of decision-making and influence in countries where power has been historically centralized by dynastic political parties.

Regardless of their electoral system, coalition governments may also be formed in countries experiencing a time of national difficulty or crises such as war or economic depression. Minority governments were normally formed with one or more opposition parties agreeing to vote in favor of legislation deemed necessary for the government to function normally. It is probably the first time in the last five or so decades in India, that a party that had a majority in the legislature for a decade is forced to form a coalition government, although with an overwhelming share of seats in the mix. In a time of great change, accelerating globalization, and increasing uncertainty, India is forced to adopt a new form of coalition governance that has to better adapt to the times to perpetuate the advantage in economic competitiveness and create substantial and sustainable social growth.

The progress and development of a nation is not in its political ventilations but in a measure of its economy. The development of a nation is not dependent on texts or idols but on ideals, ideas and innovations. The wellness of people is not based just on sentiments but more importantly on the standard of living. There is no wealth to be shared unless it has first been

The progress and development of a nation is not in its political ventilations but in a measure of its economy. The development of a nation is not dependent on texts or idols but on ideals, ideas and innovations. The wellness of people is not based just on sentiments but more importantly on the standard of living

created. But all too often the issue of wealth creation and wealth creators are misunderstood, neglected, or even rejected, often subsumed by political rhetoric and compulsions. A coalition brings a balance to these aspirations while perpetuating confidence in a democratic system.

New coalition government

India will have a coalition government for the next five years. Most Indians are apprehensive that progress and development will slow down with coalition compulsions. In numbers, the BJP with absolute majority in the past two governments has only 244 seats now but has more than the combined opposition I.N.D.I alliance. The incumbent NDA alliance with a total of 293 seats has the majority to form a coalition government.

(The author is an Indian Army veteran and a contemporary affairs commentator.) South Asia Monitor

For detailed story visit
www.indiapost.com

Disclaimer: Views expressed are personal to the author

UdupiPalaceToGo.com



UdupiPalaceToGo.com

UDUPI PALACE

SOUTH INDIAN CUISINE



**COME IN TO ENJOY GREAT VEGETARIAN FOOD
CATERING IS OUR SPECIALITY**

2543 W Devon Ave, Chicago, IL 60659
Hours open: 11:30am to 9:30pm

(773) 338-2152

Udupi Palace is a South Indian vegetarian BYOB restaurant. My friend and I had dinner there shortly after I returned from south India. We were greeted warmly and the ambiance is pleasant. The menu is so enticing that we ordered too much food but it was almost as good the next day.

NBCTeacher
Chicago, IL

**SUBSCRIBE TO
INDIA POST
E-PAPER**

Mail to:
subscribe@indiapost.com
or login to
http://
www.indiapost.com/
subscribe/

To advertise in INDIA POST
for
SOUTHERN CALIFORNIA
please contact
RIYAZ KHAN
(562) 881- 5342 or
Email:
riyazkhan@indiapost.com

indiapost.com

BUSINESS FOR SALE

**An Indian Restaurant,
fully equipped, ready for
quick sale. GREAT DEAL**

contact:
Major Gurjeet Singh
818-876-2092
Gurjeet@NapaFinance.com

Evia Travel Inc

5862 N Lincoln Ave Chicago IL 60659

*We offer best fares to Europe
India, Pakistan, Bangladesh*



"Talk to Experts Save Time & Money"
773-506-8100

Check Fares online www.eviatravel.com
Email: sid@eviatravel.com
ARC-IATAN APPROVED

NEWS

at your DESKTOP

JOIN HANDS
with India Post Newsweekly to save our Mother Earth
and save our environment.

GO PAPERLESS

Sign up for e-paper subscription at
www.indiapost.com

for more information contact:
+1 510 491 4867
mail@indiapost.com

INDIA POST
* PRINT * DIGITAL * TV * RADIO * EVENTS * SOCIAL MEDIA *



NOTICE OF NAME CHANGE

I, Shakuntala d/o
Gurbachan Singh
currently residing at
3223 Bagley Ave #
204, Los Angeles, CA
90034 have changed
my name from
Shakuntala to
SHAKUNTALA
effective immediately.
*In future I may be
known as*
SHAKUNTALA

Modi's third term offers unique opportunity to revitalize India-Bangladesh ties

MA HOSSAIN

The political landscape of South Asia is poised for a significant transformation with the resounding victory of the National Democratic Alliance (NDA) led by the Bharatiya Janata Party (BJP) in India's 18th Lok Sabha elections. Prime Minister Narendra Modi's victory heralds a new chapter in India-Bangladesh relations, promising to deepen cooperation and address longstanding issues between the two neighbors.

Significance of Modi's victory:

Prime Minister Narendra Modi's electoral triumph, securing a rare third consecutive term, is a testament to his enduring popularity and the trust the Indian populace has placed in his leadership. This victory is crucial not only for India's domestic policy but also for its international relations, especially with neighboring countries like Bangladesh. Modi's leadership has been marked by a proactive approach to regional diplomacy, with a particular focus on fostering stronger ties with South Asian countries. His victory is expected to reinforce and build upon the existing framework of cooperation with Bangladesh.

Despite the victory, the BJP's relatively reduced majority in the Lok Sabha could necessitate a greater emphasis on maintaining and enhancing relationships with neighboring countries. A more balanced power dynamic within India might encourage the Modi administration to seek stronger alliances and support from its neighbors to ensure regional stability and economic growth. This scenario bodes well for Bangladesh, which has enjoyed a warm relationship with India under Modi's previous terms.

Dhaka's expectations

The Hasina-Modi era has seen substantial progress in several key areas of India-Bangladesh relations. While a comprehensive Teesta water-sharing agreement remains elusive, ongoing discussions and a

mutual commitment to resolving this issue have highlighted the dedication of both leaders. Trade and connectivity have been significantly enhanced, with initiatives such as the Maitree Express and the opening of new border haats fostering economic cooperation and people-to-people contact. Security cooperation has been another hallmark of this period, with both countries working closely on counterterrorism efforts through intelligence sharing and joint operations.

In the realm of power and energy, cross-border electricity transmission and joint ventures in power projects have marked significant achievements, bolstering Bangladesh's energy se-



Narendra Modi and Sheikh Hasina

curity. Cultural and people-to-people ties have also flourished, with numerous cultural exchanges and educational collaborations, including joint celebrations of historical events and observances like International Mother Language Day, further strengthening the bond between the two nations.

The government of Bangladesh, led by Prime Minister Sheikh Hasina, has articulated several key expectations from the renewed Modi administration. Foremost among these is the pressing issue of water sharing, particularly concerning the Teesta River, which remains a critical concern for Dhaka. Ensuring equitable distribution of water resources is vital for Bangladesh's agriculture and livelihoods. Additionally, Dhaka

emphasizes the need for cooperation in reducing incidents of border killings and strengthening border security to maintain peace and security along the shared frontier. Furthermore, Bangladesh seeks continued collaboration in fugitive exchanges and extradition to address criminal threats effectively and uphold justice.

Moreover, Bangladesh underscores the importance of addressing the trade imbalance and seeks enhanced access to Indian markets for its goods. This step would not only boost Bangladesh's economy but also contribute to reducing the trade deficit between the two nations. Beyond bilateral issues, Bangladesh looks to India for sup-

port in international forums, particularly on pressing global matters such as climate change, the Rohingya refugee crisis, and economic development. India's backing on these issues could significantly enhance Bangladesh's position on the global stage and strengthen the partnership between the two countries.

Delhi's expectations

India also has its own set of expectations from Bangladesh, reflecting the mutual nature of their relationship. Foremost among these is the crucial need for continued counterterrorism cooperation, a cornerstone of regional security.

(The author is a political analyst based in Bangladesh)
South Asia Monitor

For detailed story visit
www.indiapost.com



INDIA POST

PRINT • DIGITAL • TV • RADIO • EVENTS • SOCIAL MEDIA

POWER OF 3.0 x 3N

Naren/Nitish/Naidu

India's Lok Sabha election results have been anything but shocking for the ruling party and the country at large. What many expected to be yet another power performance by the BJP turned out to be a tough fight-back by the Congress, which saw its numbers soar from 52 seats in 2019 to 99. Despite coming back for a record third term, BJP rode on the back of its allies to achieve the numbers required. With Chandrababu Naidu's Telugu Desam Party and Nitish Kumar's Janata Dal (United), both emerging as kingmakers in the new government; a 'mili juli sarkar' (coalition government) is in place as stated by leading media houses in India.

Shocked at the humiliating defeat in the party strongholds, the BJP candidates who contested the election as well as, the leaders who campaigned for the party are now coming out in the open to speak over the possible reasons for the drubbing.

The primary reason was the over-confidence of BJP and the miscalculation of the feelings and sensibilities of the masses that are unemployed; farming communities at the receiving end, and several schemes such as Agniveer, which backfired on the BJP.

Kudos to Modi's acumen he was quick to recognize the situation before the opposition made any move to counter him. For democracy to flourish one must have a healthy opposition to checkmate the ruling majority government.

If a country like India where there still exists a huge population under poverty and growing unemployment amongst youth, it needs to tread cautiously and steer policies towards equal opportunities for all. The message at the voting stations had given its voice clearly, if government does not fix these issues, they would not be allowed to sit in parliament. Even though the entire country celebrated the inauguration of the Ram Temple, it did not convert into votes. The seat where Ayodhya temple was constructed and millions visited, BJP lost.

Now that, Nitish Kumar and Chandrababu Naidu have joined hands with the ruling party at the center, they can bring forward their priorities and have them addressed. Modi has the opportunity to join hands with his newfound NDA partners to develop Bihar, Orissa as well as, Andhra Pradesh, which will give boost to his grand plan to reach 5-trillion dollar economy. At the same time the attention will focus on development and equal distribution of wealth to the masses. Like most of the developed countries India needs to stay clear from religion based politics and concentrate its energy towards providing skill base education to the growing youth population. India is already becoming the hub for providing skilled labor to many parts of the world. This will solve the youth unemployment issue and also add to the kitty of foreign remittance.

Like most learned statesmen have said, there are new possibilities and opportunities in every situation. Leadership is all about turning defeat or victory towards larger benefit for the mankind. Then nothing can stop you from winning the hearts of many, especially the deprived.

Disclaimer: Views expressed are personal to the author

BHUMI PEDNEKAR REVEALS HER 'DALDAL' CHARACTER

Actress Bhumi Pednekar, who will be seen in the web series 'Daldal', has opened up about her character in the show.

In 'Daldal', the actress will portray the challenging role of a cop. Bhumi described her character as a super achiever and a glass-ceiling breaker who rewrites the rules in a male-dominated world.

The actress said: " 'Daldal' is a project that encapsulates all these qualities of being a woman. Rita is a super achiever, a glass-ceiling breaker, and a rewriter of rules in a man's world. She is ambitious, ferociously passionate about her job, and leads from the front. These are the kinds of women I idolize, and I'm thrilled to headline a series like this on a global streaming platform like Prime Video that will help me show the strength and resilience of Indian women to the world."

Bhumi called 'Daldal' one of her most special projects for many reasons.

She has started shooting for the project and said that it's one of her most challenging roles ever, without a shadow of a doubt.

Bhumi shared that it has been a very exciting year for her as an actress. Earlier, her streaming film 'Bhakshak' garnered a great response not only in India but also globally.

The actress further mentioned, "If you look at my filmography, I have been fortunate enough to have found projects that help me portray strong, independent women who are sheer forces of nature. 'Dum Laga Ke Haisha', 'Toilet: Ek Prem Katha', 'Shubh Mangal Saavdhan', 'Lust Stories', 'Bala', 'Badhaai Do', 'Saand Ki Aankh', 'Sonchiriya', 'Bhakshak' are films that reflect what I think when it comes to portraying Indian women on screen."

"I want people to remember and celebrate our women because women play a huge hand in shaping society and they have every right to follow their dreams, passion, and ambition. We are truly unstoppable," she added.

IAN S



Deepika drops intriguing look in 'Kalki 2898 AD'

Ahead of the trailer launch, actress Deepika Padukone recently shared a new poster, offering a glimpse into her intriguing look from the film 'Kalki 2898 AD'.

Deepika posted the poster on Instagram, where she appears captivating against a dystopian landscape backdrop.

The actress looks distressed, as if she is on an emotional journey. She captioned the post: "The hope begins with her. #Kalki2898AD trailer out tomorrow."

Deepika's husband, Ranveer Singh, turned cheerleader for her as he commented: "BOOM Stunner!"

IAN S



TOP TEN

HINDI FILM SONGS

- 1 Soulmate: *Ek Tha Raja*
- 2 Mirza: *Maidaan*
- 3 Pehla Ishq : *Ruslaan*
- 4 Saza: *Saza*
- 5 Rang Ishq Ka : *Bade Miyan Chote Miyan*
- 6 O Maahi: *Dunki*
- 7 Pehle Bhi Main: *ANIMAL*
- 8 Akhiyaan Gulaab : *Teri Baaton Mein Aisa Uljha Jiya*
- 9 Useless Bhawra: *Useless Bhawra*
- 10 Gulabi Ankhiyan: *LSD 2*

ALIA BHATT'S OOMPH QUOTIENT UP'S IN HER BIKINI TOP OUTFIT

Actor Alia Bhatt, who will soon be seen in the upcoming movie 'Jigra', has made a stylish statement with her latest outfit.

Last weekend, the actress took to Instagram and shared several pictures of her new outfit. In the photos, she is seen wearing a beige bikini top with a pink floral design. She paired it with a matching jacket featuring embellished borders and solid beige pants. Alia accessorized minimally and left her hair open. The actress captioned the post: "From not so long ago."

On the work front, Alia also has an untitled film from the YRF spy universe in which she will share the screen with Sharvari.

The film is set to feature seven action sequences and is directed by Shiv Rawail, who made his directorial debut with the acclaimed miniseries 'The Railway Men', based on the contributions of railway officials during the Bhopal Gas Tragedy.

IAN S



Sunny Leone says 'love is a 50-50 thing, it's not one sided'

The latest episode of the reality dating show 'MTV Splitsvilla X5' saw show host Sunny Leone stepping in as a love guru as she imparted wisdom to the contestants.

She said: "Love is a 50-50 thing, it's not one-sided and if it's one-sided then it's not love. Some of the greatest relationships go through the craziest things, I have definitely been through it with my husband to hell and back but that love does not change."

The 'Long Ride Pe Chal' challenge saw Nayera, Arbaz and Harsh emerge victorious, while Siwet's poor performance dragged the team down.

Tensions ignite as Arbaz and Siwet clash over the challenge, with Siwet blaming Arbaz for their loss. Nayera's intervention fuels the fire, reviving old conflicts.

Tanuj ends the night with a grave warning, "Aur ab hum splitsvilla ke second half pe pahunch gaye, things are going to get extremely serious here on, right till the end so hold on tight."

'MTV Splitsvilla X5: ExSqueeze Me Please' is available on MTV and JioCinema. IANS



When Imran Khan's story pitch was stolen

Actor Imran Khan recently shared how one of his stories was stolen by the executives of a television channel.

The actor revealed that after returning to India in 2005, following the completion of his studies, he aspired to become a director and writer, with acting not initially on his mind. He created a folder of his stories and went in "cold" (without telling anyone about his industry connections) to pitch to a television channel.

Imran told Humans of Bombay that while the channel appreciated his ideas, he never heard from them again. It wasn't until one of his actress friends mentioned being cast in a role with the story bearing a striking resemblance to the outline of the script that he submitted. IANS



YOUR ONE STOP INDIAN GROCERY STORE



FULLERTON, CA

717 S Harbor Blvd,
Fullerton, CA 92832
Ph: (714) 870-1242
Email: indiabazaar01@gmail.com

DIAMOND BAR, CA

23367 E Golden Springs Dr,
Diamond Bar, CA 91765
Ph: (909) 396-7411
Email: indiabazaar02@gmail.com

TUSTIN, CA

638 El Camino Real,
Tustin, CA 92780
Ph: (714) 832-4671
Email: indiabazaar03@gmail.com

SAN DIEGO, CA

Akshar Cash N Carry
9520-B, Black Mountain Rd,
San Diego, CA 92126
Ph: (858) 689-2222
Email: aksharcashncarry@gmail.com

Riverside, CA

10120 Indiana Ave,
Riverside, CA 92503
Ph: (951) 800-2008
Email: indiabazaar04@gmail.com





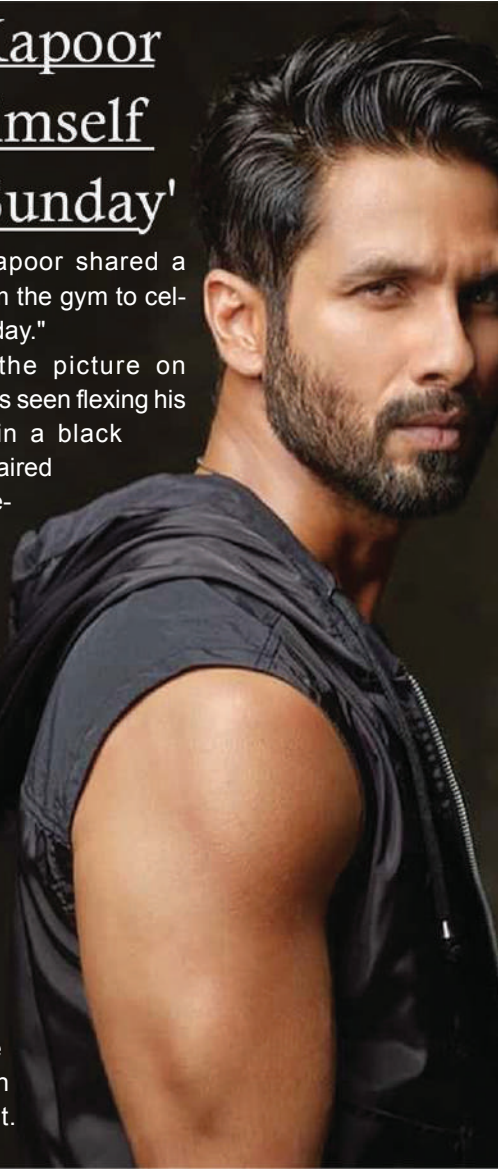
Salman, Rashmika to begin shooting for 'Sikandar'

Salman Khan and Rashmika Mandanna are all set to kickstart shooting for the much-anticipated action thriller 'Sikandar'. The highly anticipated film has already piqued fans' interest and the latest update builds more excitement among fans. Early this week, the film's production house Nadiadwala Grandson treated fans to this new update. They captioned the post, which read, "#NGEFamily is super excited to share the date of our first day of shoot for #Sikandar on the 18th of June with the BIGGEST Air Action sequence! #SajidNadiadwala's #Sikandar Directed by @a.r.murugadoss. Releasing in cinemas EID 2025." Last month, the production house officially announced the news on its social media handles that Rashmika Mandanna is part of the film and wrote, "Welcoming the fabulous @rashmika_mandanna to star opposite @beingsalmankhan in #Sikandar! Can't wait for their on-screen magic to unfold on EID 2025!" ANI/



Shahid Kapoor wishes himself 'Happy Sunday'

Actor Shahid Kapoor shared a mirror selfie from the gym to celebrate a "happy Sunday." Shahid posted the picture on Instagram, where he is seen flexing his muscles, dressed in a black sleeveless T-shirt, paired with pants and a baseball cap. He is also sporting a clean-shaven look after a long time. The actor captioned the image: "Happy Sunday." Celebrity hairstylist Aalim Hakim commented on the post with three fire emojis. The day prior, Shahid was seen exiting the Mumbai airport with his wife, Mira Rajput. IANS



PUNJAB PALACE

CUISINES OF INDIA

University Avenue, Riverside

Speciazing in Tandoor (Clay Oven)
Vegatarian and Non-Vegetarian Curry

We do not have any branches in Riverside County

Voted The Best Restaurant in Riverside by Press Enterprise

NOW SERVING

\$12.95
PLUS TAXES

LUNCH SPECIAL

Chicken Tikka Masala,
Chicken Curry, Saag Paneer,
Rice Garlic Naan &
Gulab Jammun

Sumptuous LUNCH BUFFET

\$16.95

Specialized in Catering

WE CATER TO ALL PARTIES, BIG & SMALL

For Catering Call Raj:
951-756-8356

TUESDAY TO SUNDAY

11:30 AM TO 10:00 PM

Ala Carte Dinner 5pm to 10pm

1766 University Ave, Ste. 102, Riverside, CA 92507

951-686-9968

PUNJAB PALACE
CUISINES OF INDIA

ALL YOU CAN EAT LUNCH BUFFET

102 **OPEN** **PRESS ENTERPRISE** **VOTE** **PRIZE**

Raj Sharma - Owner





Made Fresh Made to Order
Never Frozen



Serving Authentic Punjabi Food





SCAN QR CODE
FOR MENU

Order Online:
www.honestca.com or Call us
562-202-4488

WE CATER For All Events
Swaminarayan & Jain Options Available

info@honestca.com | 18600 Pioneer Blvd, Artesia, CA 90701

In 2021, armed with almost two decades of legal knowledge and trial experience, **Anand Desai** launched a boutique law firm to provide aggressive and quality representation for injured individuals and those accused of committing criminal offenses. Anand and his legal team have extensive experience in handling both personal injury and criminal defense matters. Anand's experience in handling complex personal injury and criminal defense matters is what sets his firm apart from the rest.

The firm has a history of securing favorable results for their clients due to Anand's combination of legal knowledge, years of experience, and strategic thinking skills. Anand has a thorough understanding of the law and procedures and that leads to the successful litigation of any matter. Anand's knowledge of statutes, case law, rules of evidence, and courtroom protocol allows him to dissect complex legal issues, identify strengths and weaknesses in the case, and formulate effective legal strategies. Anand strongly believes that effective communication is a vital skill for presenting arguments persuasively in court, negotiating with opposing counsel, and explaining legal concepts to clients.

Anand graduated from the University of Southern California and soon after enrolled at Loyola Law School. After graduating from Loyola Law School in Los Angeles, Anand had one goal in mind; he wanted to be the attorney for his community, and fight for the rights of the disenfranchised citizens of Los Angeles. Anand joined the Los Angeles County Public Defender's Office with the sole purpose of providing criminal defense representation for the indigent. Recognizing the inequities in the justice system, Anand developed a passion for advocating for those charged with crimes in Los Angeles who could not afford representation. During his tenure at the Los Angeles County Public Defender's Office, Anand represented over 5,000 individuals facing various misdemeanor and felony charges. Additionally, he has conducted over fifty jury trials for a wide range of criminal offenses, including murder. It is rare for an attorney in California to have as much jury trial experience as Anand does, and that's one of the major skills that sets Anand apart from most lawyers in California.

It's crucial to have a lawyer on your side who not only possesses extensive legal knowledge but is also dedicated to helping people. While many attorneys may claim to offer this, few can genuinely say they have dedicated most of their careers to building a track record of conducting jury trials. When searching for legal representation, ask prospective attorneys how many jury trials they have conducted. This metric speaks volumes about an attorney's courtroom experience.

If you've been involved in an accident or charged with a crime, call Anand Desai immediately. The



ANAND DESAI LAW FIRM

INVOLVED IN AN ACCIDENT? WE'RE HERE TO FIGHT FOR YOU



THE FIRM HAS A HISTORY OF SECURING FAVORABLE RESULTS FOR THEIR CLIENTS DUE TO ANAND'S COMBINATION OF LEGAL KNOWLEDGE, YEARS OF EXPERIENCE, AND STRATEGIC THINKING SKILLS

friendly and experienced team at Anand Desai Law is available 24/7, 365 days a year, to assist you. Don't

settle for less; choose a lawyer with proven expertise and unwavering commitment.

TERRACES AT LAGUNA BEACH



NEW CONSTRUCTION

Residential & Commercial Condos

1369 NORTH COAST HIGHWAY LAGUNA BEACH, CA 92651

About Property

30 Underground Parking Spaces
(2) Residential Condos approximately
3000 sqft with Ocean Views!
(3) Commercial Condos
from 1800 - 2500 sqft

NEEL DESAI
neel@desaicompany.com

Pricing

Wholesale Price for Entire Project is \$30M
Pricing For Residential Condos \$6.5M+
Pricing For Commercial Condos
Varies From \$4m+ to \$5M+
based on sqft

ALAN DESAI
alan@desaicompany.com

www.1369nchlaguna.com | Contact: 949-302-9729



MANTRA

INDIAN CUISINE



CHICKEN CURRY

Traditional Indian curry prepared with special spices.



ROGAN JOSH

Tender lamb meat marinated & cooked with herbs & spices.



FISH TIKKA MASALA

Boneless fish cooked in tomato & butter gravy.



MATAR PANEER

Fresh peas with cheese in mildly spiced gravy.



KARAHI VEGETABLE

Fresh vegetables cooked in the juice of ginger & tomatoes.



**712 NORTH MAIN STREET
CORONA, CA 92880,
PHONE: 951-739-9401**

**27645, JEFFERSON AVE,
106 TEMECULA, CA 92590,
PHONE: 951-506-1800**

**990 ONTARIO MILLS
DR, ONTARIO, CA 91762
PHONE: 909 476 0205**

**10359 MAGNOLIA AVE.
RIVERSIDE CA 92505
PHONE: 951 417 4539**

ONSITE CATERING - APPROVED BY MOST TOP HOTELS IN INLAND EMPIRE & ORANGE COUNTY

☺ MARRIOTT ☺ HYATT ☺ FAIRMONT ☺ DOUBLE TREE

Gayatri Pariwar – Yug Nirman

108 Kundi Gayatri Maha Yagna



Place

**Ferguson Elementary School
22215 Elaine Ave, Hawaiian Gardens, CA 90716**

Time

June 16 2024, Sunday, 10:00 AM

With grace of Gayatri Mata, blessings of our Gurudev, vandania Mataji and your whole hearted devotional support, we have organized “108 Kundi Gayatri Maha Yagna”.

This Gayatri Yagna is a unique spiritual occasion to attain prosperity and happiness. You can participate in this Maha Yagna by donating \$101. Other donation opportunities are as follows.



Main sponsor - \$2500
Tent sponsor - \$2500
Location sponsor - \$2500
General sponsor - \$1000, \$501, \$251



*Kalash yatra will begin at 9:30 a.m. from temple and end at Ferguson elementary school.
Participants are requested to bring their own Kalash.*

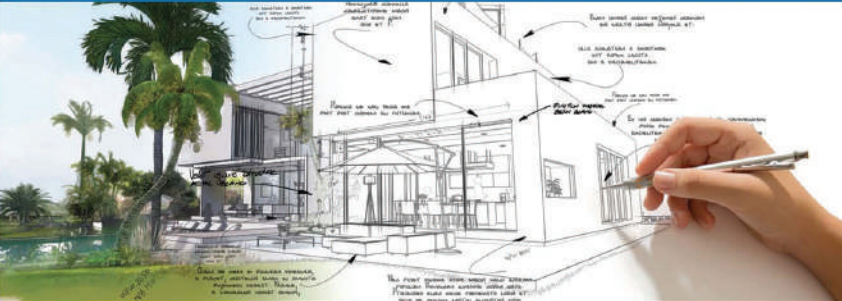
22116 Pioneer Blvd, Hawaiian Gardens, CA, 90716 PH: 562-425-3970

www.gayatrimandir.com

TURNKEY CONSTRUCTION SOLUTIONS

Buildrite is a one stop solution for all your Design and Construction requirements. We cater to a variety of residential and commercial projects offering end to end turnkey solutions.

DESIGN BUILD PROCESS



Design Build is a construction process that provides owners with a single point of contact for both the design and construction phases of a project. Buildrite is a full-service design and build company offering following services.

- Conceptual design
- Estimation
- Architectural and structural design
- Approvals, Licenses and Permits
- Utility agencies approvals

- Material procurement
- Construction
- Inspections
- Final delivery

We take off all the burden from your shoulders - just let us know your requirement and we will turn your vision into reality ensuring that your project is finished on time and within budget.

ADUs and JADUs



An ADU is a secondary housing unit on a single-family residential lot. It can be attached to the primary house like a converted garage, or unattached like a free-standing cottage. You can create an ADU/JADU from a new or existing structure.

- Independent residential unit up to 1200 sf
- Attached, Detached, Converted space
- Rental, Secondary unit, Granny unit, Office
- Various layouts – Studio, 1-, 2- and 3-bedroom units
- Maximize lot utilization
- JADUs up to 500 sf
- Raise your property's value

New California laws make it easier than ever to build an accessory dwelling unit (ADU) on your property. Now CALFHA is offering a grant for up to \$40,000 for building ADUs.

ADDITIONS



With sky-rocketing property prices and rapidly increasing demand for residential space it makes more sense to maximize the covered area in your lot. Be it room additions on the ground floor or constructing a new second floor on your existing house our team can help realize your vision.

- Maximize lot utilization
- Improve your existing layouts
- Expand your first floor
- Add a second floor

Additions can be complicated as we must ensure that both new construction and the old structures comply with code. We work closely with city planning and building to ensure that new additions comply with the local requirements.

CUSTOM HOMES



Creating a custom home is a large undertaking and you want to make the process as simple and enjoyable as possible. Buildrite offers ground up construction either from an undeveloped parcel of land or by demolishing an existing structure and building a new one in its place. We can help you with the whole process from concept to completion.

- Conceptual design
- Various architectural design styles
- Latest Features and Technologies
- Plans and approvals
- Construction
- Code compliance & Inspections
- Final delivery and handover
- Warranty

Plus - Multifamily units, Apartments and various other Commercial Projects.
Give us a call today to discuss your project.

BUILDRITE CONSTRUCTION

17510 Pioneer Blvd. Ste. 204 Artesia, CA (90701)

(562) 443-4040 | info@buildrite.us | www.buildrite.us

CA Lic - 1080043



Nalli®

Discover a New Series of
Traditions & Classic

NOW OPEN

IN

**LOS
ANGELES!**

📍 VISIT US AT

18625 Pioneer Boulevard, Artesia, CA, 90701

☎ +1 562-219-5460, +1 562-219-5420 ✉ nalliusa@nalli.com



Scan for location

SHOP ONLINE AT WWW.NALLI.COM

Ahmedabad | Bangalore | Chennai | Coimbatore | Delhi | Hyderabad | Indore | Kanchipuram | Kochi | Kolkata | Mumbai | Puducherry
Vijayawada | California | Chicago | Dallas | Houston | Los Angeles | New Jersey | Canada | London | Singapore | Sydney | Dubai | Sharjah

